Slips, Trips and Falls Quiz

Name: __________________________________________________________

1. What can improve traction on floors that are frequently wet?
   a. Strap cleats onto your shoes.
   b. Painting gritty coatings on the floor.
   c. Using a greasy floor finish.
   d. Putting up a sign.

2. If you carry loads that you can’t see over or around:
   a. Make sure you have good lighting.
   b. Stay off the stairs.
   c. Take small steps.
   d. You could trip and fall; don’t carry such loads.

3. Loose carpeting, stair treads and floor tiles:
   a. Are tripping hazards.
   b. Should be covered with a rubber mat.
   c. Should be reported right away.
   d. Both a and c.

4. What is a safe way to move materials up a ladder?
   a. Hoist them up using a rope after you climb the ladder.
   b. Have someone throw them up to you when you reach the top.
   c. Carry them in one arm as you climb.
   d. All of the above.

5. When is it safe to stand on the top step of a stepladder?
   a. When you can’t get a longer ladder.
   b. When you can hold on to a sturdy item above while you work
   c. When the ladder is less than six feet tall.
   d. Never.

Slips, Trips and Falls

6. Which of the following fall protection systems prevents falls?
   a. Safety net systems
   b. Guardrail systems
   c. Personal fall arrest systems.
   d. None of the above.

7. Ladder cages are used with:
   a. Scaffolds
   b. Stepladders
   c. Ladders that are fixed to a building or structure
   d. Portable extension ladders.
8. In a personal fall arrest system, OSHA recommends the use of:
   a. Full body harnesses.
   b. Body belts.
   c. Safety nets.
   d. None of the above.

9. What is used to support a worker on a vertical surface so he or she can work with both hands free?
   a. A deceleration device.
   b. A positioning device system.
   c. A ladder cage.
   d. A safety net system.
Slips, Trips and Falls Quiz Answers

1. What can improve traction on floors that are frequently wet?
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   b. **Painting gritty coatings on the floor.**
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