

ERGONOMICS QUIZ

1. Ergonomic risk factors include:
 - a. Vibration
 - b. Repetition
 - c. Environment
 - d. Force
 - e. Posture
 - f. Work organization
 - g. Contact stress
 - h. All of the above

2. Ergonomics is the study of the 'fit' between the physical demands of the workplace and the employees who perform the work.

True/False

3. Ergonomic risk factors and injuries result in direct and indirect costs for employers and employees.

True/False

4. How can employers prevent/reduce ergonomic hazards?
 - a. Engineering Controls
 - b. Administrative Controls
 - c. Personal Protective Equipment
 - d. All of the above
 - e. Only A and B above.

5. Be careful about how to fix ergonomic problems. The control should not eliminate one risk factor and create another.

True/False

ERGONOMICS QUIZ – ANSWER KEY

6. Ergonomic risk factors include:

- i. Vibration
- j. Repetition
- k. Environment
- l. Force
- m. Posture
- n. Work organization
- o. Contact stress
- p. All of the above**

7. Ergonomics is the study of the 'fit' between the physical demands of the workplace and the employees who perform the work.

True/False

8. Ergonomic risk factors and injuries result in direct and indirect costs for employers and employees.

True/False

9. How can employers prevent/reduce ergonomic hazards?

- f. Engineering Controls
- g. Administrative Controls
- h. Personal Protective Equipment
- i. All of the above**
- j. Only A and B above.

10. Be careful about how to fix ergonomic problems. The control should not eliminate one risk factor and create another.

True/False