

NRCA Safety Manual
Chapter Two:
Back Injury Prevention Checklist



NATIONAL ROOFING CONTRACTORS ASSOCIATION | **CNA** COMMERCIAL INSURANCE

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| 1. | Will a crane or hoist be used for material supply on this project? | Y | N |
| 2. | If yes, have provisions been made to distribute materials on the rooftop so as to minimize manual handling? | Y | N |
| 3. | Are handtrucks, carts and dollies available to assist in moving materials? | Y | N |
| 4. | Have all workers been trained in proper lifting techniques to minimize back injuries? | Y | N |
| 5. | Is training material such as the NRCA video <i>It's A Matter of Choice: Preventing Back Injury and other CTDs</i> available for workers to review? | Y | N |
| 6. | Have all workers signed the attendee list for the Back Injury Prevention Toolbox Talks? | Y | N |