



# US Department of Labor Occupational Safety and Health Administration

## Health & Safety of Truckers within the United States

Developed by OSHA's Office of Health Compliance Assistance

| Resource   | URL   |
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| <b>OSHA</b>  |   |
| <b>OSHA Office Directory</b><br>Provides contact information for OSHA's National Office  | <a href="http://www.osha.gov/html/oshdir.html">http://www.osha.gov/html/oshdir.html</a>   |
| <b>OSHA Regional and Area Office Map</b><br>Provides contact information for OSHA's Regional and Area Offices  | <a href="http://www.osha.gov/html/RAmap.html">http://www.osha.gov/html/RAmap.html</a>   |
| <b>OSHA Regulations &amp; Compliance Links</b><br>Provides access to standards, compliance directives (guidance for compliance officers), interpretive letters, sampling methods, frequently asked questions, case law and the OSH Act of 1970 | <a href="http://www.osha.gov/comp-links.html">www.osha.gov/comp-links.html</a>  |
| <b>Safety and Health Outreach Program</b><br>A summary of how OSHA carries out its responsibilities to establish standards, to inspect workplaces and issue penalties, and of employer and employee rights and responsibilities                | <a href="http://www.osha.gov/doc/outreachtraining/htmlfiles/introsha.html">www.osha.gov/doc/outreachtraining/htmlfiles/introsha.html</a>  |
| <b>OSHA in Spanish</b><br>Provides OSHA information in Spanish   | <a href="http://www.osha.gov/as/opa/spanish/index.html">http://www.osha.gov/as/opa/spanish/index.html</a>                                 |
| <b>Emergency Response</b><br>Provides information to help employers understand and comply with OSHA's requirements for emergency response plans and procedures. This includes hazardous substance emergency response under HAZWOPER            | <a href="http://www.osha-slc.gov/SLTC/emergencyresponse/index.html">www.osha-slc.gov/SLTC/emergencyresponse/index.html</a>                |
| <b>Powered Industrial Trucks (Forklifts)</b><br>Provides information regarding forklift use, training, and other compliance issues   | <a href="http://www.osha.gov/SLTC/poweredinstrumentaltrucks/index.html">http://www.osha.gov/SLTC/poweredinstrumentaltrucks/index.html</a> |
| <b>Hazard Communication</b><br>Provides access to information regarding Hazard Communication to help ensure employers and employees know about workplace chemical hazards and how to protect themselves  | <a href="http://www.osha.gov/SLTC/hazardcommunications/index.html">http://www.osha.gov/SLTC/hazardcommunications/index.html</a>           |
| <b>Walking and Working Surfaces</b><br>Provides information about ensuring safe walking and working surfaces in the workplace  | <a href="http://www.osha.gov/SLTC/walkingworkingsurfaces/index.html">http://www.osha.gov/SLTC/walkingworkingsurfaces/index.html</a>       |
| <b>Safety and Health Information by Topic</b><br>Links to safety and health information on a wide variety of topics, with training resources on each page  | <a href="http://www.osha.gov/SLTC/index.html">http://www.osha.gov/SLTC/index.html</a>   |
| <b>Safety and Health Information by Topic (Spanish)</b><br>Links to safety and health information on a wide variety of topics in Spanish, with training resources on each page   | <a href="http://www.osha.gov/SLTC/spanish/index_sp.html">http://www.osha.gov/SLTC/spanish/index_sp.html</a>                               |



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| <b>Effective Ergonomics</b><br>Provides current news releases, fact sheets, compliance questions and answers, & ergonomics software   | <a href="http://www.osha.gov/ergonomics/index.html">http://www.osha.gov/ergonomics/index.html</a>                                     |
| <b>BLS</b>  |   |
| <b>Bureau Labor of Statistics</b><br>Provides searchable database of US occupational injury, illness and fatality statistics  | <a href="http://www.bls.gov/iif/home.htm#tables">http://www.bls.gov/iif/home.htm#tables</a>   |
| <b>CDC/NIOSH</b>  |   |
| <b>Motor Vehicle Fatalities</b><br>Links to fatality investigation reports for accidents involving motor vehicles   | <a href="http://www.cdc.gov/niosh/injury/traumamvface.html">http://www.cdc.gov/niosh/injury/traumamvface.html</a>                     |
| <b>DOT</b>  |   |
| <b>Department of Transportation Safety</b><br>Links to the primary DOT occupational safety web pages  | <a href="http://www.dot.gov/safety.html">http://www.dot.gov/safety.html</a>   |
| <b>Federal Motor Carrier Safety Administration (FMCSA)</b><br>Provides information for the Federal Motor Carrier Safety Administration, a modal administration within the U.S. Department of Transportation that regulates and supports the nation's interstate commercial carrier industry | <a href="http://www.fmcsa.dot.gov/safetyprogs/saftprogs.htm">http://www.fmcsa.dot.gov/safetyprogs/saftprogs.htm</a>                   |
| <b>FMCSA Hazardous Materials Safety</b><br>Wide variety of technical and training material about handling hazardous materials in transportation. Includes training materials in Spanish and English.  | <a href="http://www.fmcsa.dot.gov/safetyprogs/hm.htm">http://www.fmcsa.dot.gov/safetyprogs/hm.htm</a>                                 |
| <b>National Highway Traffic Safety Commission</b><br>Provides accident statistics for trucks over 10,000 lbs.   | <a href="http://www.nhtsa.dot.gov/people/ncsa/FactPrev/trkfacts.html">http://www.nhtsa.dot.gov/people/ncsa/FactPrev/trkfacts.html</a> |
| <b>For additional information, please call the OSHA Office of Health Compliance Assistance at (1-800-321-OSHA)</b>  |   |