

SAFE & SOUND WEEK 2026 QUIZ

CELEBRATING SAFETY AND HEALTH WINS

1. **True or False:** Recognizing only “zero injury” results is the most effective way to improve safety.
2. Which is the **BEST** example of when to offer safety recognition?
 - A) Rewarding a team only if no one gets hurt
 - B) Thanking a worker for reporting a near miss
 - C) Recognition only when there are large safety improvements
3. Name one simple way your workplace could recognize safe behavior.
_____.
4. **True or False:** Recognizing workers for reporting hazards can help prevent future injuries.
5. What is a risk of only rewarding “no injuries”?
 - A) Workers may hide injuries
 - B) Safety improves automatically
 - C) Engagement increases
 - D) Nothing changes
6. Match the recognition to the example:

Recognition Type

- A) Immediate
- B) Ongoing
- C) Formal

Example

1. Annual award
 2. Daily shout-out
 3. Monthly recognition board
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7. **True or False:** Safety recognition should only come from management.

8. Which of the following is the **BEST** example of a proactive safety action to recognize?

- A) Working a full month without an injury.
- B) Reporting a frayed electrical cord so it can be replaced.
- C) Cleaning up a spill after someone has already slipped.
- D) All of the above.

9. **True or False:** Recognition should be delivered as soon as possible after a positive safety action occurs to have the biggest impact.

10. A safety and health recognition program that focuses on rewarding proactive behaviors (like reporting potential hazards) is based on:

- A) Lagging indicators.
- B) Leading indicators.
- C) Disciplinary actions.
- D) Popularity contests.

Add your own:



SAFE & SOUND WEEK 2026 QUIZ ANSWER KEY

1. False, it can actually discourage reporting and hide problems.
2. B
3. Possible answers:
 - o Shout-outs
 - o Small rewards
 - o Team recognition
 - o Posting names publicly
 - o Thank-you from supervisor
4. True
5. A
6. A → 2
B → 3
C → 1
7. False, Peer-to-peer recognition is powerful too.
8. B) Reporting a frayed electrical cord so it can be replaced. This is a proactive action that prevents an incident from happening.
9. True. Because it helps the person understand exactly what they did right, and it provides a clear example for others to follow.
10. B) Leading indicators. Leading indicators are proactive and predictive measures that track safety activities.