

SAFE & SOUND Week



HOW TO PARTICIPATE IN SAFE & SOUND WEEK 2026 AUGUST 10-16

SIGN UP TO PARTICIPATE

Why should we participate?

When you sign up for Safe & Sound Week, you show your commitment to workplace safety and health to your workers, management, business partners, and the community. Successful safety and health programs manage and identify hazards before they cause injury or illness, saving money and improving your bottom line.

How do we sign up?

Participating is easy and fun, just sign up! Beginning in July, visit osha.gov/SafeAndSoundWeek and fill out the short registration form. You can even have your business added to the Safe & Sound Week map!

How do we participate?

You can plan a private event for your workplace or host a public event that is free and open to everyone. You can host one activity or have events all week long – the choice is yours! We have customizable materials to help plan your Safe & Sound Week activities.

Find Safe & Sound Week materials here: osha.gov/SafeAndSoundWeek/Plan-And-Promote

PLAN YOUR ACTIVITIES

Choose a safety topic to focus on during Safe & Sound Week or celebrate what's already working. Build your game plan with activities like these OR Here are a few ideas to help you get started:



- Review your game plan for a safer, healthier workplace.
- Practice emergency procedures and safety plans.
- Hold a team huddle to gather worker ideas and feedback.
- Learn from recent near misses to prevent future injuries.
- Bring in a guest coach or safety expert for training.
- Recognize your Safety All-Stars and celebrate success.
- Find free planning materials at osha.gov/SafeAndSoundWeek/Plan-And-Promote.

Materials to help you recognize your safety all-stars, strengthen your workplace safety and health playbook, and celebrate your successes will be available in July. Visit osha.gov/SafeAndSoundWeek and check back for updates.

Sign up to be a “Safety Champion”! More information can be found at osha.gov/safety-champions.



OTHER IDEAS FOR SAFE & SOUND WEEK

Want to focus on a different topic? Make your own Safe & Sound Week game plan or use the ideas below.

Start Your Safety and Health Program

- Review 10 Ways to Get Your Program Started.
- Have workers share why safety matters to them.
- Review and update training on how to recognize hazards.
- Define program goals.

Recommit to Safety and Health

- Identify a new way to involve workers.
- Remove barriers to participation.
- Hold a refresher training on safety reporting.
- Complete a Safe & Sound challenge.
- Request a proclamation for Safe & Sound.
- Request an on-site consultation visit.

Check out the Safe & Sound Week archive at www.osha.gov/safeandsoundweek/event-archive-2025 to see how businesses have participated in the past!

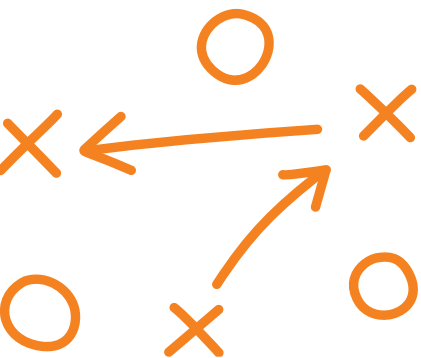
DON'T FORGET!

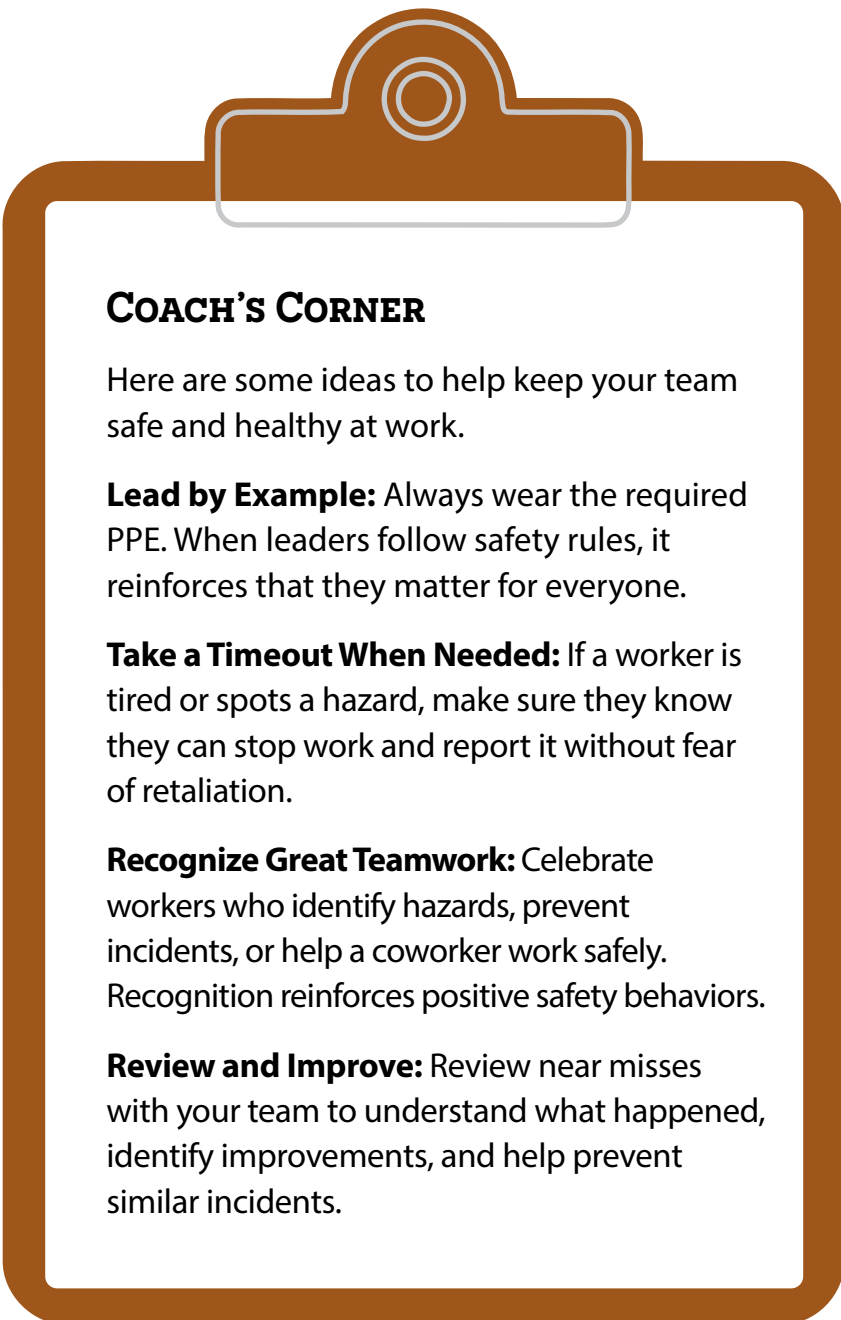
Promote Your Participation

Show how you engaged your workers during Safe & Sound Week or how your safety and health program has improved your workplace on social media with #SafeAndSoundAtWork.

Recognize Your Accomplishments

After Safe & Sound Week, download a certificate and virtual challenge coin from our website.





COACH'S CORNER

Here are some ideas to help keep your team safe and healthy at work.

Lead by Example: Always wear the required PPE. When leaders follow safety rules, it reinforces that they matter for everyone.

Take a Timeout When Needed: If a worker is tired or spots a hazard, make sure they know they can stop work and report it without fear of retaliation.

Recognize Great Teamwork: Celebrate workers who identify hazards, prevent incidents, or help a coworker work safely. Recognition reinforces positive safety behaviors.

Review and Improve: Review near misses with your team to understand what happened, identify improvements, and help prevent similar incidents.