

## Five Ways to Respond in an Emergency

- 1 Contact emergency services
- 2 Determine if you and others are in a safe area
- **3** Gather basic information:
  - Exact location of injured employee(s)
  - Nature and severity of the emergency
  - Hazard or event that led to the incident
  - Known or potential hazards that could affect emergency responders or other workers
- Wait for first responders:
  - Clear a path for emergency personnel
  - Direct emergency personnel, upon arrival, to the injured employee(s)
  - Update emergency personnel of details about the incident and other information
- Know Your Limits. Do not attempt rescue or recovery efforts unless you are trained and designated to respond.



**Outside Emergency Name** 

**On-site Emergency Name** 

**Outside Emergency Phone** 

**On-site Emergency Phone**