

# **Cleanup Hazards**

Cleanup work of any kind is hazardous, but flood conditions make it even more so. Following the procedures listed below will help to keep you safe and healthy while cleaning up after natural disasters that involve flooding.

# **Health Tips**

- Take frequent rest breaks when lifting heavy, water-laden objects. Avoid overexertion and practice good lifting techniques. To help prevent injury, use teams of two or more to move bulky objects; avoid lifting any materials that weigh more than 50 pounds per person, and use proper automated lifting assistance devices if practical.
- When working in hot environments, have plenty of drinking water available, use sunscreen, and take frequent rest breaks.
  Wear light-colored, loose-fitting clothing.
- Be sure that a first-aid kit is available to disinfect any cuts or abrasions. Protect open cuts and abrasions with waterproof gloves or dressings.
- Wash your hands often during the day, especially before eating, drinking, smoking, or applying cosmetics.

#### **General Precautions**

- Use a wooden stick or pole to check flooded areas for pits, holes, and protruding objects before entering.
- Ensure that all ladders and scaffolds are properly secured prior to use.
- Conduct a preliminary worksite inspection to verify stability before entering a flooded or formerly flooded building or before operating vehicles over roadways or surfaces. Do not work in or around any flood-damaged building until it has been examined and certified as safe for work by a registered professional engineer or architect.
- Do NOT enter washouts, trenches, excavations, and gullies until their stability is verified. All trenches should be supported (e.g., with a trench box); if no support is available, the trench must be sloped at no less than a 1:1 (45°) angle for cohesive soil and angular gravel and a 1½:1 (34°) angle for granular soils including gravel, sand, and loamy sand or submerged soil or soil from which water is freely seeping.

- Establish a plan for contacting medical personnel in the event of an emergency.
- Report any obvious hazards (downed power lines, frayed electric wires, or gas leaks) to appropriate authorities.
- Use fuel-powered generators outdoors. Do not bring them indoors, as they may pose a carbon monoxide (CO) hazard.
- Use life vests when engaged in activities that could result in deep water exposure.
- Use extreme caution when handling containers holding unknown substances or known toxic substances (for example, floating containers of household or industrial chemicals). Contact the EPA (Environmental Protection Agency) for information on disposal at the National Response Center (800) 424-8802.

# **Clothing and Personal Protective Equipment**

- Always wear watertight boots with a steel toe and insole, gloves, long pants, and safety glasses during cleanup operations; sneakers should NOT be worn because they will not prevent punctures, bites or crush injuries.
  Wear a safety helmet if there is any danger of falling debris.
- Wear a NIOSH-approved dust respirator if working with moldy building materials or vegetable matter (hay, stored grain, or compost).
- When handling bleach or other chemicals, follow the directions on the package; wear eye, hand, and face protection as appropriate; and have plenty of clean water available for eyewash and other first-aid treatments.

#### **Electrical Hazards**

- Do NOT touch downed power lines or any object or water that is in contact with such lines.
- Treat all power lines as energized until the utility company confirms that they are de-energized and visibly grounded at the worksite.

- Beware of overhead and underground power lines when clearing debris. Use non-conductive wood or fiberglass ladders and take extreme caution when moving equipment near overhead power lines.
- If damage to an electrical system is suspected (for example, if the wiring has been under water, you can smell burning insulation, wires are visibly frayed, or you see sparks), turn off the electrical system in the building and follow lockout/tagout procedures before beginning work. Do not turn the power back on until electrical equipment has been inspected by a qualified electrician.
- When using a generator, be sure that the main circuit breaker is OFF and locked out prior to starting the generator. This will prevent inadvertent energization of power lines from backfeed electrical energy from generators and help protect utility line employees from possible electrocution.
- Be aware that de-energized power lines may become energized by a secondary power source such as a portable backup generator.
- Any electrical equipment, including extension cords, used in wet environments must be marked, as appropriate, for use in wet locations and must be undamaged. Be sure that all connections are out of water.
- All cord-connected, electrically operated tools and equipment must be grounded or be double insulated.
- Ground-fault circuit interrupters (GFCIs) must be used in all wet locations. Portable GFCIs can be purchased at hardware stores.

### **Fire Protection**

 Immediately evacuate any building that has a gas leak until the leak is controlled and the area ventilated.

- Be sure that an adequate number of fire extinguishers are available and reevaluate the fire evacuation plan.
- Be sure that all fire exits are clear of debris and sandbags.

## **Workers' Rights**

Workers have the right to:

- Working conditions that do not pose a risk of serious harm.
- Receive information and training (in a language and vocabulary the worker understands) about workplace hazards, methods to prevent them, and the OSHA standards that apply to their workplace.
- Review records of work-related injuries and illnesses.
- File a complaint asking OSHA to inspect their workplace if they believe there is a serious hazard or that their employer is not following OSHA's rules. OSHA will keep all identities confidential.
- Exercise their rights under the law without retaliation, including reporting an injury or raising health and safety concerns with their employer or OSHA. If a worker has been retaliated against for using their rights, they must file a complaint with OSHA as soon as possible, but no later than 30 days.

For additional information on workers' rights, visit osha.gov/workers.

#### **How to Contact OSHA**

OSHA's mission is to assure America's workers have safe and healthful working conditions free from unlawful retaliation. For more information, visit osha.gov or call OSHA at 1-800-321-OSHA (6742), TTY 1-877-889-5627.

This is one in a series of informational fact sheets highlighting OSHA programs, policies or standards. It does not impose any new compliance requirements. For a comprehensive list of compliance requirements of OSHA standards or regulations, refer to Title 29 of the Code of Federal Regulations. This information will be made available to sensory-impaired individuals upon request. The voice phone is (202) 693-1999; teletypewriter (TTY) number: (877) 889-5627.

