



**Beat the  
HEAT**

# Raise Awareness of Heat Risk at Work!

## *Enter OSHA's Beat the Heat Contest*

OSHA is sponsoring a contest to raise awareness of the dangers and hazards of heat exposure in both indoor and outdoor workplaces!

### **Who can participate?**

Stakeholders from any industry can participate! Stakeholders may include private citizens, individual businesses, associations, trade groups, worker centers, unions, non-profit organizations, educational institutions, and research groups, among others.

### **What is OSHA asking participants to do?**

This contest is asking for OSHA stakeholders to increase awareness among employers and workers about the risks of hazardous heat and to encourage protective measures when working in the heat.

To participate, stakeholders will create an awareness tool to increase worker and employer knowledge about hazardous heat in the workplace.

OSHA is open to awareness tools in many forms. Contest entries must:

- ✓ Promote and protect worker safety and health
- ✓ Inform workers and employers about the hazards of heat in the workplace
- ✓ Be original creations and not copied directly from OSHA.gov or any other source, and under the submitter's ownership and control
- ✓ Be in an easily accessible format, e.g., webpage, URL, JPEG, PDF, MP3, PNG, etc.
- ✓ Acknowledge contest rules and provide contact information
- ✓ Be available for free public access

### **Ideas for Contest Submissions**

- Design and use a heat awareness logo
- Develop a training curriculum
- Create an information booklet, brochure, or poster
- Create a webpage
- Create an infographic
- Produce a radio or television public service announcement (PSA)
- Propose a social media toolkit
- Sponsor a heat illness prevention event
- Build a phone app
- Make an informational video
- Craft and use a catchphrase for the workplace
- Generate a podcast

### **When is the contest?**

The contest is open NOW! Entries are due by June 9, 2023. Winners will be announced by mid-July.

### **How do you enter?**

To enter and learn more about the heat contest rules including eligibility, judging, and more, please visit the contest webpage at [www.osha.gov/heat/national-heat-contest](http://www.osha.gov/heat/national-heat-contest).

### **What are the awards?**

All participants will receive a Letter of Appreciation from the Assistant Secretary of Labor. Winners will receive a Beat the Heat Challenge Coin, a Congratulatory Certificate from OSHA, and will be publicized on the OSHA website and newsletters.

There are six award categories: Most Innovative | Most Creative | Strongest Message | Best Non-English Entry | Highlighting Indoor Heat Hazards | Highlighting Young Workers

**Questions?** Please email [heatcampaign@dol.gov](mailto:heatcampaign@dol.gov)