



PARTICIPATE IN SAFE + SOUND WEEK

This August, we invite you to participate in Safe + Sound Week, a nationwide event to recognize workplace safety and health programs. Successful safety and health programs can proactively identify and manage workplace hazards before they cause injury or illness, while saving money and improving competitiveness.

SIGN UP TO PARTICIPATE

Register for Safe + Sound Week at osha.gov/safeandsoundweek/#register. You can choose to have your workplace listed as a participant and counted among the thousands of businesses around the country that will participate this year.

PLAN AND PROMOTE YOUR SAFE + SOUND WEEK ACTIVITIES

Next, plan safety and health activities for your workplace. Find ideas, example activities, and graphics that you can use to plan and promote your activities by visiting the Safe + Sound Week website at osha.gov/safeandsoundweek/plan-and-promote.

Use Safe + Sound Week to get a program started or energize an existing program! This year we are sharing a new Safety and Health Programs Step-by-Step Guide and several ideas focused on heat safety. Or, plan an activity that will help your workplace recognize the importance of safety and health.

DEVELOPING YOUR SAFETY AND HEALTH PROGRAM?

Visit osha.gov/safeandsound to learn why safety and health programs are important to your workplace. Find ways to incorporate worker participation, management leadership, and effective strategies for finding and fixing hazards into your program.

Show how your innovative efforts have improved your workplace on social media using the hashtag [#SafeAndSoundAtWork](https://twitter.com/SafeAndSoundAtWork), or through your workplace communications and directly with your workers.

RECOGNIZE YOUR PARTICIPATION

After you completed your Safe + Sound Week events, come back to our website to download a certificate and virtual challenge coin to recognize your organization.

USE THE NEW SAFETY AND HEALTH PROGRAMS STEP-BY-STEP GUIDE

OSHA developed the following worksheets for employers who want to start or improve a safety and health program in their workplace. The worksheets provide a step-by-step guide that organizations can use to move at their own pace and work on what matters most to them as they implement their program.

For Safe + Sound Week, you can:

- ⚙️ Take a guided journey using OSHA's 10 Ways to Get Your Program Started, or
- ⚙️ Chart your own path and choose a core element you want to focus on.

Get Started

We want your feedback! After you have a chance to try the worksheets, help us make these tools better by answering a few questions about their content and usefulness.

PLAN ACTIVITIES THAT FOCUS ON HEAT SAFETY

- ⚙️ **Teach employees and managers about preventing and recognizing the signs of heat-related illness**
- ⚙️ **Create a written plan to prevent heat-related illness in the workplace**
- ⚙️ **Download the Heat Safety Tool to monitor the heat index at your workplace**
- ⚙️ **Complete the Employer Checklist for Outdoor and Indoor Heat-Related Injury and Illness Prevention**



osha.gov/safeandsound

