



Take the Challenge

Finding and fixing hazards is a core element of a workplace safety and health program. This can help you move your business forward to prevent workplace injuries and illnesses.

Start building your approach by taking this **Check on Safety Challenge**. Do this activity and earn your challenge coin!

Share the results in your workplace or on social media to show that you are **#SafeAndSoundAtWork**. Challenge others to **#CheckOnSafety**.



Identify

- Review your workers' compensation claim records and **OSHA injury logs** to prioritize areas for improvement.
- Conduct a **safety walk-around** to inspect your workplace for hazards.
- Focus on hazardous tasks by doing a job hazard analysis.

Involve

- Offer workers a way to report hazards they find on the job.
- Provide training on hazard awareness and control.

Plan

- Make a plan to control hazards and review regularly.
- Prepare your workplace for non-routine operations and emergencies.

Control

- Select controls that are the most feasible, effective, and permanent.

You did it! Download your challenge coin at www.osha.gov/safeandsound.