

## Fall Prevention/Fall Protection Post Test

---

1. In most situations, fall protection should be used when working more than \_\_\_\_\_ feet above the ground.
  - a. 6
  - b. 8
  - c. 12
  - d. 16
2. The fall anchorage must be capable of supporting \_\_\_\_\_ lbs, unless determined by a qualified person with a safety factor of two.
  - a. 300
  - b. 500
  - c. 3000
  - d. 5000
3. What is the correct height for the top rail of a guardrail system?
  - a. 36 inches
  - b. 38 inches
  - c. 42 inches
  - d. None of the above
4. How many pounds of force must the top rail of a guardrail system be capable of supporting?
  - a. 200 lbs
  - b. 150 lbs
  - c. 100 lbs
  - d. 50 lbs
5. When wire rope is used for a guardrail system, what is the maximum spacing allowable for flagging?
  - a. 6 feet
  - b. 8 feet
  - c. 12 feet
  - d. 18 feet
6. What is the smallest diameter floor hole that is required by OSHA to be covered?
  - a. 1 inch
  - b. 2 inches
  - c. 6 inches
  - d. 12 inches
7. How must floor opening/hole covers be labeled?
  - a. With the word "cover"
  - b. With the word "hole"
  - c. Color coded
  - d. Any of the above

8. The top rail of a guardrail system may not deflect to a height less than 39"
  - a. True
  - b. False
9. Which of the following is not an acceptable use of body belts?
  - a. Positioning device
  - b. Personal fall arrest system
  - c. Restraint system
  - d. All the above
10. Snap hooks used as part of personal fall arrest systems must be double locking to prevent rollout
  - a. True
  - b. False
11. How much clearance distance is typically needed for fall arrest when anchorage is at foot level?
  - a. 6 ft
  - b. 8 ft
  - c. 10 ft
  - d. 19 ft
12. When using lanyards, never:
  - a. Tie two lanyards together
  - b. Tie the lanyard back to itself unless designed to do so
  - c. Tie a knot in it
  - d. All the above
13. Positioning devices are to be rigged so that the employee will not fall more than 2 feet
  - a. True
  - b. False
14. Use of a full body harness must not allow the user to free fall more than six feet
  - a. True
  - b. False
15. Barricade tape placed six feet back from the edge of the building is acceptable for protecting employees from falling.
  - a. True
  - b. False
16. When warning lines are being used for roofing operations, what is the minimum distance the warning line must be from the exposed edge?
  - a. 2 feet
  - b. 3 feet
  - c. 4 feet
  - d. 6 feet
17. What is the maximum allowable spacing of flagging on a warning line system?
  - a. 6 feet
  - b. 8 feet
  - c. 12 feet
  - d. 16 feet

*This material was produced under grant number Susan Harwood Grant # SH05121-SH9 during Grant Year 2019 from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government*

18. Which of the following trades may use a Safety Monitor System?
  - a. Electricians
  - b. Painters
  - c. Roofers
  - d. Masons
19. The employer must maintain a written certification record verifying compliance with training requirements for employees who are known to use a personal fall arrest system.
  - a. True
  - b. False
20. What would be the preferred order of fall protection?
  - a. Fall arrest, fall restraint, engineer out the hazard
  - b. Fall restraint, engineer out the hazard, fall arrest
  - c. Engineer out the hazard, fall restraint, fall arrest
21. You can tie off to a wire rope guardrail as long as there are 3 U-bolt clamps on each end.
  - a. True
  - b. False
22. When using a self-retracting lifeline in horizontal position you must:
  - a. Check with the manufacturer.
  - b. Make sure the lines do not run over a unpaddinged, sharp edge
  - c. Evaluate potential for swing fall
  - d. All the above
23. When securing a vertical lifeline, you should:
  - a. Use a pass-through device
  - b. Tie a double knot around the anchorage
24. To delay post suspension trauma in the event of a fall:
  - a. Tell workers to move their legs and push against footholds
  - b. Provide specially designed stirrups
  - c. Have a rescue plan that provides for prompt rescue
  - d. All the above
25. Fall training for workers should include "hands-on" sessions and cover:
  - a. Proper anchorage
  - b. How to properly wear and use equipment
  - c. How to connect to an anchorage
  - d. All the above