

Instructions: Please select your response to the following questions.

1. The acronym "A.B.L.E." stands for:
  - a. Achieve, Barricade, Lean, Evaluate
  - b. Accept, Block, Leave, Evaluate
  - c. Accept, Barricade, Leave, Engage ✓**
  - d. Act, Block, Lean, Engage
  
2. *Accepting* that the violent act is really happening is the first step in being able to respond to protect yourself and those around you.
  - a. True ✓**
  - b. False
  
3. Learning about how to respond to workplace violence can trigger anxiety and/or trauma.
  - a. True ✓**
  - b. False
  
4. OSHA considers workplace violence to be physical acts of violence, not merely a threat of violence.
  - a. True
  - b. False ✓**
  
5. OSHA considers workplace violence to include which of the following (select the best answer):
  - a. Physical violence
  - b. Harassment
  - c. Intimidation
  - d. Threatening or disruptive behavior
  - e. All of the above ✓**
  
6. According to OSHA, around 75% of workplace violence assaults occurring each year are against healthcare workers.
  - a. True ✓**
  - b. False
  
7. Physically engaging an aggressor should only be done as a last resort.
  - a. True ✓**
  - b. False

*This material was produced under grant number SH-05150-SH9 awarded to Summa Health from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.*

8. The average duration of an active shooter is 3-4 minutes, where the average police response time to an active aggressor is 5-20 minutes.

- a. True ✓
- b. False

9. You should call the police to report a violent situation as soon as it is safe to do so.

- a. True ✓
- b. False

10. Once you call in a report of a violent situation, you do not need to call again to provide additional information or updates/changes to the situation.

- a. True
- b. False ✓

11. List 5-10 details about an aggressor you should try to notice and provide to law enforcement to help describe the aggressor:

Examples include: <ul style="list-style-type: none"><li>• Type of weapon</li><li>• Gender and build</li><li>• Race &amp; age</li><li>• Height &amp; weight</li><li>• Hair color &amp; style</li><li>• Clothing type &amp; color</li><li>• Facial features, scars, or tattoos</li><li>• Physical injury or impairment</li><li>• Glasses or mask</li><li>• Voice or accent</li><li>• Jewelry or other items carried</li></ul>
---

12. If you experienced a workplace violence situation today that involved a hostage, person with a weapon, or active shooter, how prepared do you feel overall?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

**(Answers will vary)**

13. How prepared do you feel you are to protect yourself?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

**(Answers will vary)**

14. How prepared do you feel you are to protect your patients, visitors, or clients?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

**(Answers will vary)**

15. How confident are you in your ability to immediately be able to get or provide help during a workplace violence situation?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

**(Answers will vary)**