Instructions to play Bingo!

Separate trainees into groups, group size dependent on trainer's preference. Prompt groups to each create a 5x5 bingo card, which should have 25 empty squares. Distribute drawing pad and markers. Based on the 25 "fill-in-the-blank" statements read by the trainer (see below), the groups must guess the English term and pre-fill the 25 blank squares with nail safety vocabulary terms in English. After all 25 boxes have been pre-filled, groups must get a bingo of 5 boxes marked vertically, horizontally, or diagonally. For a more challenging game, require them to achieve the "X" shape of 9 boxes marked.

Then the trainer will call out the "fill-in-the-blank" statements in Vietnamese a second time, this time in random order. Trainees will make a mark on the squares for terms called out. First group to call "BINGO!" wins. One statement at a time, begin reading the "fill-in-the-blank" statements. Do not reveal the correct answer of what term you are describing. Make sure groups are not looking at each other's terms. After a group calls, "BINGO!" check their answers for correctness. Finally review with the group all terms described, practice pronunciation with individual trainees and as a group, and clarify any questions as needed.

- 1. <u>Protective glasses</u>. Protective glasses can protect eyes from chemicals and nail clippings.
- 2. <u>First-aid kit</u>. Every salon should have a <u>First-aid kit</u> in case of bodily injuries.
- 3. Fungal. Touching skin can spread Fungal infections.
- 4. Form 1099. Independent contractors should use Form 1099 to file their taxes.
- 5. <u>OSHA</u>: The federal department that ensures worker safety & health is called <u>OSHA</u>.
- 6. DBT is also known as <u>Dibutyl Phthalate</u>.
- 7. <u>Ergonomic hazards</u>: The hazard about pain in the muscle, joints, and tendons are called <u>ergonomic hazards</u>.
- 8. <u>Public speaking.</u> A good way to gain confidence to do community outreach is to practice <u>public</u> <u>speaking.</u>
- 9. <u>Employer</u>: <u>Employers</u> can contact OSHA for a free and private consultation to check for salon hazards.
- 10. <u>SDS:</u> The document that has information about chemicals and should be available in every salon is called a <u>SDS.</u>
- 11. <u>Ringworm:</u> One kind of fungal infections is called <u>ringworm</u>, which is also called "athlete's foot."
- 12. Minimum wage: Nail salon employees in Orange County are entitled to a minimum wage of \$11/hr
- 13. <u>Eating area</u>: To avoid contaminating food with chemicals, workers should store and eat food in the <u>eating area</u>.
- 14. <u>N-95:</u> This type of mask protects from dust and should be used while filing and shaping nails.
- 15. Long-sleeve shirts: Wearing long-sleeve shirts help protect arms from chemical exposure.
- 16. <u>Facebook:</u> Nail salon workers and employers can look for updates and information from our nail safety training through our website on <u>Facebook.</u>
- 17. Incense: For fire safety, never allow smoking or lighting incense in your salon.
- 18. Fire Safety: Chemicals must have a specific place of storage labeled "flammable" to ensure fire safety.
- 19. Goals: Adult learners are focused on goals.
- 20. 69% of Vietnamese nail workers in the United States live in California.
- 21. Viral: This type of infection is spread through blood and body fluid.

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- 22. <u>Toxic Trio:</u> Dibutyl Phthalates, Toluene and Formaldehyde are called the <u>Toxic Trio.</u>
- 23. Spouse: Viral infections can spread to a nail worker's spouse through sexual intercourse.
- 24. <u>Ventilation</u>: An affordable way to improve <u>ventilation</u> is to open doors and windows on both sides of a salon.
- 25. <u>HVAC:</u> The machine that includes heating, ventilation, and air conditioning is also called <u>HVAC</u>.

The following fill-in-the-blank statements may also be used to review material with participants.

- 26. <u>Children</u>: <u>Children</u> of nail workers can be affected by viral infections through childbirth and breastfeeding.
- 27. <u>BPSOS-CCA</u> has been serving the Vietnamese community in Orange County since 1980.
- 28. Santa Ana: The local OSHA office is located in Santa Ana.
- 29. <u>10+ minutes</u>: Nail salon tools must be disinfected for at least <u>10+ minutes</u>.
- 30. Nitrile: This type of glove protects skin from chemicals.

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