Instructions to play Bingo!

Separate trainees into groups, group size dependent on trainer’s preference. Prompt groups to each create a 5x5 bingo card, which should have 25 empty squares. Distribute drawing pad and markers. Based on the 25 “fill-in-the-blank” statements read by the trainer (see below), the groups must guess the English term and pre-fill the 25 blank squares with nail safety vocabulary terms in English. After all 25 boxes have been pre-filled, groups must get a bingo of 5 boxes marked vertically, horizontally, or diagonally. For a more challenging game, require them to achieve the “X” shape of 9 boxes marked.

Then the trainer will call out the “fill-in-the-blank” statements in Vietnamese a second time, this time in random order. Trainees will make a mark on the squares for terms called out. First group to call “BINGO!” wins. One statement at a time, begin reading the “fill-in-the-blank” statements. Do not reveal the correct answer of what term you are describing. Make sure groups are not looking at each other’s terms. After a group calls, “BINGO!” check their answers for correctness. Finally review with the group all terms described, practice pronunciation with individual trainees and as a group, and clarify any questions as needed.

1. Protective glasses. Protective glasses can protect eyes from chemicals and nail clippings.
2. First-aid kit. Every salon should have a First-aid kit in case of bodily injuries.
3. Fungal. Touching skin can spread Fungal infections.
4. Form 1099. Independent contractors should use Form 1099 to file their taxes.
5. OSHA: The federal department that ensures worker safety & health is called OSHA.
6. DBT is also known as Dibutyl Phthalate.
7. Ergonomic hazards: The hazard about pain in the muscle, joints, and tendons are called ergonomic hazards.
8. Public speaking. A good way to gain confidence to do community outreach is to practice public speaking.
9. Employer: Employers can contact OSHA for a free and private consultation to check for salon hazards.
10. SDS: The document that has information about chemicals and should be available in every salon is called a SDS.
11. Ringworm: One kind of fungal infections is called ringworm, which is also called “athlete’s foot.”
12. Minimum wage: Nail salon employees in Orange County are entitled to a minimum wage of $11/hr
13. Eating area: To avoid contaminating food with chemicals, workers should store and eat food in the eating area.
14. N-95: This type of mask protects from dust and should be used while filing and shaping nails.
15. Long-sleeve shirts: Wearing long-sleeve shirts help protect arms from chemical exposure.
16. Facebook: Nail salon workers and employers can look for updates and information from our nail safety training through our website on Facebook.
17. Incense: For fire safety, never allow smoking or lighting incense in your salon.
18. Fire Safety: Chemicals must have a specific place of storage labeled “flammable” to ensure fire safety.
19. Goals: Adult learners are focused on goals.
20. 69% of Vietnamese nail workers in the United States live in California.
21. Viral: This type of infection is spread through blood and body fluid.

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22. **Toxic Trio**: Dibutyl Phthalates, Toluene and Formaldehyde are called the **Toxic Trio**.
23. **Spouse**: Viral infections can spread to a nail worker’s **spouse** through sexual intercourse.
24. **Ventilation**: An affordable way to improve **ventilation** is to open doors and windows on both sides of a salon.
25. **HVAC**: The machine that includes heating, ventilation, and air conditioning is also called **HVAC**.

The following fill-in-the-blank statements may also be used to review material with participants.

26. **Children**: Children of nail workers can be affected by viral infections through childbirth and breastfeeding.
27. **BPSOS-CCA**: has been serving the Vietnamese community in Orange County since 1980.
28. **Santa Ana**: The local OSHA office is located in **Santa Ana**.
29. **10+ minutes**: Nail salon tools must be disinfected for at least **10+ minutes**.
30. **Nitrile**: This type of glove protects skin from chemicals.