### CONTENT | VISUALS | OPERATIONAL NOTES | TRAINER SCRIPT
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**1** | **SAFETY FIRST** |  |  |
**2** | **WHO IS OSHA**  
With the Occupational Safety and Health Act of 1970, Congress created the Occupational Safety and Health Administration (OSHA) to assure safe and healthful working conditions for working men and women by setting and enforcing standards and by providing training, outreach, education and assistance.  
**ORGANIZATION**  
OSHA is part of the United States Department of Labor. The administrator for OSHA is the Assistant Secretary of Labor for Occupational Safety and Health. OSHA's administrator answers to the Secretary of Labor, who is a member of the cabinet of the President of the United States. | OSHA has 2 branches, the Enforcement Branch and the Collaboration Branch.  
The Enforcement Branch investigates complaints and serious accidents.  
The Collaboration Branch works on education, such as the Susan Harwood Grant. | OSHA was started to protect workers in the workplace. Before OSHA there was no organization that tracked work place injuries. There were also no safety standards for employers.  
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The Enforcement Branch investigates complaints and serious accidents.  
The Collaboration Branch works on education, such as the Susan Harwood Grant.
3  KNOW YOUR RIGHTS
Under federal law, you are entitled to a safe workplace. Your employer must provide a workplace free of known health and safety hazards. If you have concerns, you have the right to speak up about them without fear of retaliation. You also have the right to:
● Be trained in a language you understand
● Work on machines that are safe
● Be provided required safety gear, such as gloves or a harness and lifeline for falls
● Be protected from toxic chemicals
● Request an OSHA inspection, and speak to the inspector
● Report an injury or illness, and get copies of your medical records
● See copies of the workplace injury and illness log
● Review records of work-related injuries and illnesses
● Get copies of test results done to find hazards in the workplace

Read the rights to the trainees and point them to the posters available around the workplace where they can refer to for more information. Extra resources can be found at https://www.osha.gov/workers/index.html

Every worker has the right to a safe workplace and OSHA was created to do that.

4  INTRODUCTION TO HAND TOOLS

5  WHAT IS MACHINE GUARDING
A means of shielding employees from moving or flying parts and preventing them from accidentally coming into contact with the moving parts. Simply put, machine guarding protects the worker from the hazard. Machine guards are in place to protect the user from the Point of Operation. It is very
| Contact with moving pieces of equipment | Machine guarding should not impede the lubrication or operation of the machine. | Important not to remove any machine guards. If a guard is in the way be sure to ask a shop trainer or shop professional for help. |

6 MACHINE-RELATED INJURIES
Possible machinery-related injuries include:
- Crushed fingers or hands
- Amputations
- Burns
- Blindness

A good rule to remember is: Any machine part, function, or process which may cause injury must be safeguarded.

Many accidents result from persons working on, or around, moving machinery. These accidents could have been prevented by the installation and proper maintenance of guarding. The goal of this training is to make the guarding of all equipment as easily understood as possible and re-inforce the safe working procedures that must always be in place around dangerous equipment.

This list of accidents is as long as it is horrifying.

Safeguards are essential for protecting workers from needless and

The machines may look imposing and may be loud, but you shouldn’t be afraid of them. When used correctly they are safe and can be used to create a lot of interesting things.

Do not take the machines for granted. Accidents can happen very quickly.

Machine users need to keep their fingers and hands away from the Point of Operation.

Wear safety glasses to protect their eyes and closed toe sturdy shoes to protect their feet.

Machine users need to put long hair up in a ponytail or bun and not wear loose clothing or dangling jewelry to
preventable injuries. Where the operation of a machine can injure the operator or other workers, the hazard must be controlled or eliminated.

**National Emphasis Program on Amputations***. CPL 03-00-019, (August 13, 2015). Describes policies and procedures for implementing a National Emphasis Program (NEP) to identify and to reduce workplace machinery and equipment hazards which are causing or likely to cause amputations.

Resource:  

[https://safetyresourcesblog.com/2014/08/16/osha-quickcards-](https://safetyresourcesblog.com/2014/08/16/osha-quickcards-)

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<td>preventable injuries. Where the operation of a machine can injure the operator or other workers, the hazard must be controlled or eliminated.</td>
<td>protect themselves from getting caught up in rotational hazards.</td>
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| 7 | **MACHINERY ACCIDENTS**  
Examples of how machine accidents can occur:  
**Hazardous conditions**  
Missing or loose machine guards  
**Human actions**  
Reaching-in to “clear” equipment  
Unauthorized persons doing maintenance or using the machines  
Even though hand tools do not present the same type of hazards as machine tools users must still be aware of the Point of Operation, Nip Points, Rotational Hazards, and sharp cutting edges. | Missing, loose machine guards, or miss aligned machine guards can cause injuries from nip points and in running nip points. An operator should not reach into the point of operation unless the tool is secured or unplugged. | Machine guarding is constantly evolving. The Prototyping Lab continues to review and incorporate the appropriate machine guarding for each machine. Users must be aware that hand tools may not have the same injury potential as machine tools, but they still need to take the same safety precautions to prevent injury. |

| 8 | **BASIC MACHINERY PARTS AND HAZARDS**  
Three fundamental machine areas:  
- Point of operation  
- Power transmission device  
- Other moving parts – Operating controls such as mechanical or electric power control | “All machines consist of three fundamental areas: the point of operation, the power transmission device, and the operating controls. Despite all machines having the same basic components, their safeguarding needs | An easy way to keep these in mind is that the Point of Operation is where the work actually happens.  
The Power Transmission device is usually the motor that drives the |
widely differ due to varying physical characteristics and operator involvement” (OSHA 2007).


Other moving parts are anything else on the hand tool that moves. The operating controls are the buttons and switches that allow you to turn the tool on and off and have it do other functions.

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<tr>
<th>HAZARD TYPES</th>
<th>Explain that the Point of Operation is where the work is being done on the machine.</th>
<th>You always want to make sure that your fingers are away from the Point of Operation since this is where the work is being done with the tool. Don’t take the simplicity of a hand tool for granted. It can still cause injury.</th>
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<tr>
<td>9</td>
<td>Point of Operation</td>
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<td>10</td>
<td>Nip Points and Rotating Parts</td>
<td>Nip Points and Rotating Parts are areas where fingers, hair, loose clothing, or jewelry can get caught up in. Keep long hair up in a ponytail or bun and do not wear loose clothing or jewelry.</td>
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<td>11</td>
<td>Flying Chips and Sparks</td>
<td>Flying chips and Sparks can fly into the operator’s eye. Flying sparks can also fly into the eye and can cause burns where they land. Always wear the proper PPE. Chips are a slip hazard and need to be cleaned up as soon as possible.</td>
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Potential hazards from hand tools are in the way they are used and potentially miss used. Do not take the tool for granted since it is small. Knowing the potential hazards of the tool will hopefully help you understand why if the tool has guards that they must be kept in place and why we need to wear Personal Protective Equipment (PPE) when using them.

- **Guard**: Nip Point on this side of the guard
- **Chips and sparks will fly in this direction**
| 13 | **PREVENTING INJURIES AND AMPUTATIONS**  
• Do not remove the any guards, or other devices  
• Do not operate or use the tool unless you are trained and authorized to use it.  
• Operators must put the tool in the sturdiest position. Taking caution not to place hands near the Point of Operation.  
If performing service and maintenance activities follow lock out tag out procedures or unplug the unit. |
| --- | --- |
| | Tool users always need to check to make sure that all of the guards are in place if the tool has guards.  
Hand Tools seems to be easy enough to operate, but users still need to be trained on their use.  
The work piece needs to be placed on the Table for safety and stability. Operators always need to be aware where their fingers are in relation to the Point of Operation and the work piece. Any tool malfunction needs to be reported to the shop staff. Do not attempt to repair the tool on your own.  

No one can use any of the tools unless they are trained by one of the shop trainers or shop staff.  
Power hand tools do not have emergency stop buttons so operators always need to know how to turn the tool off and disconnect the power.  
Power hand tools have some form of guarding which is on the tool to help keep you safe, do not remove any of the guards. If you experience problems with them let a trainer or shop staff know.  

With everything going on do not forget where your fingers are in relation to the Point of Operation.  
If something goes wrong with the tool do not try to fix it. Turn it off and |
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<th>SAFETY PRECAUTIONS I</th>
<th>SAFETY PRECAUTIONS II</th>
<th>SAFETY PRECAUTIONS III</th>
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| 14 | Verify that all tool guards are in place if the tool has them.  
    | Always make sure that the guards are in place and secure before starting the tool.  
    | The guards in the pictures to the left protect the user from rotating parts inside them and from flying chips or sparks. Do not put your fingers near the rotating cutting attachment otherwise it will increase the chances of your fingers getting pulled into the Nip Points that exist between the guard and the rotating cutting attachment. |
| 15 | Keep machine clear of Excessive dust.  
    | Dust is flammable and potentially explosive. Operators need to be aware of the dust that their project is creating and may need to intermittently clean up the area with a vacuum cleaner.  
    | Always make sure that you check the tool for excessive dust before you use it. You may need to clean it before use especially if you are going to be creating sparks. |
| 16 | Grinding sparks are hot, do not try to catch the sparks, but |
|    | It may be tempting to try to catch the sparks, but |
|    | Keep in mind that the reason that the sparks... |
to catch them. The area that was being ground may be hot. Be careful not to touch this area. Some chips may be sharp so do not try to pick them up by hand.

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<th>17</th>
<th>PROTECT YOURSELF WITH PPE</th>
<th>Personal Protective Equipment (PPE) may be a bit uncomfortable or bulky, but needs to be worn to protect the user from injury.</th>
<th>PPE (Personal Protective Equipment) is your last line of defense for injuries. Always be sure that you are wearing the proper PPE.</th>
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<td>●</td>
<td>Always wear safety glasses.</td>
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<td>Always wear fully enclosed sturdy shoes protect the top of your foot.</td>
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<td>●</td>
<td>Do not wear any rings or dangling jewelry.</td>
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<td>Long hair needs to be tied up or put into a bun.</td>
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<td>18</td>
<td>INTRODUCTION TO HAND TOOLS</td>
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<td>19</td>
<td>SAFE MACHINE OPERATIONS 1</td>
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<td>Make sure that all of the guards are in place and that the tools are in proper operating condition.</td>
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<p>|  | Make sure that the Guards are intact and work. No tool should be used with the guards removed. Hand tools should not be used if they are in disrepair. |
| Guard | Guards protect you from rotating parts inside them. Do not operate the machine if they are missing. If the guards get in the way of the intended operation see a shop trainer or shop staff member for suggestions on how to safely complete your task. |</p>
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<th>Clarification</th>
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<td>20</td>
<td>SAFE MACHINE OPERATIONS 2</td>
<td>Make sure that the work area is clear of obstructions.</td>
<td>The work area needs to be clear of obstructions and of others working near it. Always make sure that the floor around the work area is clear of obstructions as well so that there are no trip hazards. It is very important to have a clear work area so that you don’t have to worry about tripping or slipping on debris on the floor. Also take into consideration the people working around you so that they are not in danger of getting hit by flying chips or sparks. You also don’t want to get distracted by others.</td>
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<td>21</td>
<td>SAFE MACHINE OPERATIONS 3</td>
<td>Clean the tools and work area.</td>
<td>Use a vacuum to suck up the dust and debris that was created in and around the work area. Sweep up or vacuum up any debris that is on the floor. It is important to chips, debris, and dust off the floor since it is a slip hazard and can cause injury. Always be sure to clean the tools, work area, and the floor after using hand tools to eliminate the risk of slipping hazards.</td>
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