Preventing Slips, Trips and Falls: A Training Program for Small Businesses

Pre-Test

Name: _____________________________

1. What is the definition of a trip?
   A. A loss of balance when there is too little friction.
   B. Loss of balance when the foot collides with, strikes or hits an object in its path.
   C. To move downward freely without control.
   D. All of the above.

2. Name the three (3) steps in fall prevention.
   A. Recognize, Evaluate, Control.
   B. Evaluate, Report, Control.
   C. Recognize, Analyze and Report.
   D. Analyze, Control, Report.

3. What are the risk factors for slips, trips and falls?
   A. People, Supplies, Building,
   B. Equipment, Regulations, Practices.

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Continued Pre-Test

Name: _____________________________

4. If there is a liquid spill, what should I do?
   A. Block off the area and let it dry by itself.
   B. Clean up the spill and notify your supervisor.
   C. Let your coworkers know about the spill.

5. How can I prevent slips, trips and falls?
   A. Follow all safety rules and regulations.
   B. Wear appropriate footwear and protective equipment.
   C. Don’t use a cell phone while walking, using stairs, using and handling machinery and tools.
   D. All the above.

6. Identify hazards that cause slips, trips and falls.
   A. Uneven and/or damaged pavement and floor.
   B. No handrail on stairs.
   C. Dark staircase.
   D. Obstructed and/or blocked exit route.
   E. All the above.