

Preventing Slips, Trips and Falls: A Training Program for Small Businesses

Post-Test

Name: _____

1. What is the definition of a trip?
 - A. A loss of balance when there is too little friction.
 - B. Loss of balance when the foot collides with, strikes or hits an object in its path.
 - C. To move downward freely without control.
 - D. All of the above.

2. Name the three (3) steps in fall prevention.
 - A. Recognize, Evaluate, Control.
 - B. Evaluate, Report, Control.
 - C. Recognize, Analyze, Report.
 - D. Analyze, Control, Report.

3. What are the risk factors for slips, trips and falls?
 - A. People, Suppliers, Building.
 - B. Equipment, Regulations, Practices.
 - C. Environment, Equipment, Work Practices.
 - D. Environment, Work Practices, People, Equipment.

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Continued Post-Test

Name: _____

4. If there is a liquid spill, what should I do?
 - A. Block off the area and let it dry by itself.
 - B. Clean up the spill and notify your supervisor.
 - C. Block off the area and notify your supervisor.
 - D. Let your coworkers know about the spill.

5. How can I prevent slips, trips and falls?
 - A. Follow all safety rules and procedures.
 - B. Wear appropriate footwear and protective equipment.
 - C. Don't use a cell phone while walking, using stairs, using and handling machinery and tools.
 - D. All of the above.

6. Identify hazards that cause slip, trips and falls.
 - A. Uneven and/or damaged pavement and floor.
 - B. No handrail on stairs.
 - C. Dark staircase.
 - D. Obstructed or blocked exit route.
 - E. All the above.

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