Self-Assessment of Learning: Think about what you already knew and what you learned during this training (***circle training module appropriate for self-assessment***) 1**. Excavation/Trenching safety, Fall Prevention and Electrical Safety**. Then evaluate your knowledge in each of the following topic areas before and after this training.

1 = No knowledge or skills 3 = Some knowledge or Skills 5 = A lot of knowledge or skills

BEFORE TRAINING					SELF-ASSESSMENT OF YOUR KNOWLEDGE AND SKILLS RELATED TO:	AFTER TRAINING				
1	2	3	4	5	The knowledge of OSHA standards as it pertains to the topics of excavation and electrical safety and fall prevention.	1	2	3	4	5
1	2	3	4	5	The knowledge and skills to recognize, assess and control hazards of working in a trench, energized circuits and working at heights.	1	2	3	4	5
1	2	3	4	5	The knowledge to select the proper safety system in a trench, such as the use of sloping, shielding and shoring.	1	2	3	4	5
1	2	3	4	5	The knowledge of working on energized circuits as it pertains to the lock-out tag-out program for authorized, affected and other employees.	1	2	3	4	5
1	2	3	4	5	The knowledge to select the proper fall prevention systems as it pertains to fall arrest, scaffolds, guardrails, ladders and power lift equipment.	1	2	3	4	5

Please reflect on the training that you just completed and respond to the following:

1. What part of this training was most useful to your work environment?

2. What part of this training was most not useful to your work environment?

3. What could be added to these topics that would be beneficial to your employment?

4. Did this course material cover the required level of training for employment?

   a. Too basic b. Just right c. To technical to comprehend

5. Additional comments:

Thank you for completing this form!

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