Quiz Answers - Slips/Trips/Falls Safety Training

1. Good housekeeping is the best method of preventing daily slips/trips/falls?  
   **True** / False

2. Covers & grating protect employees from which of the following hazards?  
   - **Open pits, tanks, vats, manholes**  
   - Slippery/wet floors due to spills  
   - Falling from heights

3. Guardrails and toe boards protect employees from hazards in/on which of the following?  
   - Wet surfaces from rain, snow and ice  
   - **Elevated work platforms, mezzanines, objects falling from above**  
   - Mounted ladders

4. How many points of contact should a person have on a ladder at all times?  
   - 4  
   - **3**  
   - 2

5. It is safe to use the top step of a ladder? **True** / **False**

6. If a defective ladder is found, immediately mark it defective or tag it "Do Not Use" and withdraw it from service until repaired. **True** / False

7. Portable ladders should be inspected every time you use them? **True** / False

8. Which of the following are common fall protection systems?  
   - **Stair rail handles**  
   - **Safety nets**  
   - Walking, not running  
   - Proper foot wear

9. During a fall, the impact velocity from free-falling from 12 feet is nearly how many miles per hour?  
   - 5 mph  
   - 10 mph  
   - **20 mph**

10. Which one of the below options is a purpose of fall arrest systems:  
    - To allow workers to not focus on how high they are working  
    - **To prevent a worker from contacting any lower level during arrest of a fall**  
    - To allow workers to listen to radios and other distractions while they are working  
    - To avoid slipping in puddles on elevated surfaces

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