


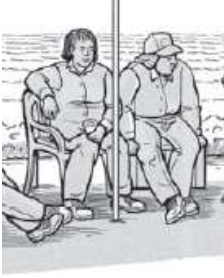












Exercise

Date		Trainee Code		
1. Identify the three most important steps to prevent a heat stroke				
 <p>Water every 15 min</p>	 <p>Light clothing</p>	 <p>Dark clothing</p>	 <p>Rest</p>	 <p>Shade</p>

Exercise

Exercise Answers

Date			Trainee Code	
Using the video as reference answer the following questions				
1. Identify the three most important steps to prevent a heat stroke				
<input checked="" type="checkbox"/>  Water every 15 min	<input checked="" type="checkbox"/>  Light clothing	 Dark clothing	 Rest	<input checked="" type="checkbox"/>  Shade
2. Identify the most important health hazard and a best preventive measure for task involving silica exposure				
 Respirators	<input checked="" type="checkbox"/>  Lung Cancer	 Sweep	Exhaustion	<input checked="" type="checkbox"/>  Engineering control

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