1. Wrist Position Examples
(circle the correct posture)

- Inline grip
- Pistol grip
- Inline grip

Neutral or Awkward
Neutral or Awkward
Neutral or Awkward

2. Other than posture name two factors that contribute to MSDs. ____________  ______________

3. Name one of the two major reasons that ergonomic programs fail.

4. Using pistol grip handles always produces neutral postures. T   F

5. There are 7 steps to ergonomic improvement T   F

6. A process is never ending T   F

Name ___________________________ Date ___________________________