Fall Protection, Ladder & Scaffold Safety Exam

#1: According to OSHA’s fall protection standards (Subpart M), at what height must workers be protected from falls (other than scaffolds)?

- 6 feet
- 10 feet
- 15 feet
- 30 Feet

#2: According to OSHA’s scaffold standards (Subpart L), at what height must workers be protected from falls?

- 10 Feet
- 15 Feet
- 20 Feet
- 30 Feet

#3: One who is capable of identifying existing and predictable hazards in the surroundings, or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them, is the definition of what person?

- Qualified Person
- Competent Person
- Foreman
- Registered Professional Engineer

#4: Who designates the Competent Person for your job-site?

- OSHA
- Employer
- Union
- Workers

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#5: What is worn by a worker and is secured to distribute fall arrest forces over the thighs, pelvis, waist, chest and shoulders?

- Body Belt
- Body Harness
- Lanyard
- Guardrail

#6: Anchorages used for attachment of personal fall arrest equipment must be capable of supporting at least how many pounds?

- 500 lbs.
- 1000 lbs.
- 2500 lbs.
- 5000 lbs.

#7: Proper extension ladder set-up includes having the ladder positioned at what angle? How many feet must the ladder extend above the landing if the ladder is to be used to gain access?

- (45°), 1 foot
- (33°), 3 feet
- (75°), 1 foot
- (75°), 3 feet

#8: What scaffold components are required to be part of any supported scaffold built above 10 feet?

- Proper Access (Ladder)
- Fall Protection (Guardrails)
- Proper Footing (Base Plates)
- All of the Above

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