Construction Advancement Foundation
Site Safety Supervisor Program
Course Topic: Fall Protection

Participant Name:	
Course Date:	

1.) Describe the 3 components of a Personal Fall Arrest System

1.	. А	nch	nor	Po	int

- 2. Connecting Device
- 3. Harness

2.) List the five areas of training that must be covered when employees are required to use a ladder.

- 1. The nature of fall hazards in the work area;
- 2. The correct procedures for erecting, maintaining, and disassembling the fall protection systems to be used;
- 3. The proper construction, use, placement, and care in handling of all stairways and ladders; and
- 4. The maximum intended load-carrying capacities of ladders used.
- 5. In addition, retraining must be provided for each employee, as necessary, so that the employee maintains the understanding and knowledge acquired through compliance with the standard.

3.) A stairway or ladder must be used when there is a break in elevation of more than 15".

True False

True

4.) Handrails must support at least 200 lbs of force in any direction

False

False

- 5.) Where doors or gates open directly on a stairway, a platform that extends at least 24 inches beyond the swing of the door is required.

 True

 False
- 6.) Portable ladders must be positioned at an angle where the horizontal distance from the top support to the foot of the ladder is 1/4 the working length of the ladder

 True

 False
- 7.) When using a portable ladder for access to an upper landing surface, the side rails must extend at least 3 feet above the upper landing surface

 True

 False

8.) Falls are the leading cause of construction related occupational fatalities. True

9.) Anchorage points must be capable of supporting at least 5,000 lbs True False

10.) Top rails must be between 36" and 47" in height True False

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Construction Advancement Foundation Site Safety Supervisor Program Participant Name: Course Topic: Fall Protection **Pre Test Course Date:** 1.) Describe the 3 components of a Personal Fall Arrest System List the five areas of training that must be covered when employees are required to use a ladder. 2.) 1.) 4.) A stairway or ladder must be used when there is a break in elevation of more than 15". 3.) True **False** Handrails must support at least 200 lbs of force in any direction 4.) True **False** Where doors or gates open directly on a stairway, a platform that extends at least 24 inches **5.**) beyond the swing of the door is required. True **False** Portable ladders must be positioned at an angle where the horizontal distance from the top 6.) support to the foot of the ladder is 1/4 the working length of the ladder **False** True When using a portable ladder for access to an upper landing surface, the side rails must extend at least 3 7.) feet above the upper landing surface True **False** 8.) Falls are the leading cause of construction related occupational fatalities. True **False**

True

True

False

False

Anchorage points must be capable of supporting at least 5,000 lbs

Top rails must be between 36" and 47" in height

9.)

10.)

Construction Advancement Foundation Site Safety Supervisor Program Participant Name: Course Topic: Fall Protection **Post Test Course Date:** 1.) Describe the 3 components of a Personal Fall Arrest System List the five areas of training that must be covered when employees are required to use a ladder. 2.) 1.) 4.) A stairway or ladder must be used when there is a break in elevation of more than 15". 3.) True **False** Handrails must support at least 200 lbs of force in any direction 4.) True **False 5.**) Where doors or gates open directly on a stairway, a platform that extends at least 24 inches beyond the swing of the door is required. True **False** Portable ladders must be positioned at an angle where the horizontal distance from the top 6.) support to the foot of the ladder is 1/4 the working length of the ladder **False** True When using a portable ladder for access to an upper landing surface, the side rails must extend at least 3 7.) feet above the upper landing surface True **False 8.**) Falls are the leading cause of construction related occupational fatalities. True **False**

True

True

False

False

Anchorage points must be capable of supporting at least 5,000 lbs

Top rails must be between 36" and 47" in height

9.)

10.)