

## Train-The-Trainer

Pre-Test

Post-Test

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

True or False: For each statement below, circle T or F

1	T	F	People should start the learning process with the detail because context is important.
2	T	F	To be an effective trainer you do not need to have a consistent training process.
3	T	F	The following four characteristics describe a good trainer-- patient, flexible, gives positive feedback, and is prepared.
4	T	F	To avoid confusion only use one training technique.
5	T	F	When training one-on-one it's important that the trainee, early in the training process, face the same pressure as they will when they are on the job.
6	T	F	Always give the training objectives so the trainees understand expectations.
7	T	F	Playing a game can be an effective training method.
8	T	F	Temperature, comfort of chairs, space, avoiding distractions, furniture arrangement, lighting and restrooms are all important factors of a learning environment.
9	T	F	Asking questions is considered a participative training method.
10	T	F	It will help the trainees learn if practice is structured.
11	T	F	Anticipating questions is part of training preparation.
12	T	F	Never use sequencing strategies when developing your outline.

13	T	F	One sequencing strategies is simple to practical.
14	T	F	Testing the trainee's knowledge is a level three evaluation.
15	T	F	Breaking training into digestible chucks means you should never give more than nine pieces of information at one time.
16	T	F	The brain automatically categories information.
17	T	F	Skills and knowledge are basically the same.
18	T	F	A good trainer will make people learn.
19	T	F	"I do it normal, I do it slow, you do it with me, then off you go," is a nursery rhyme and an effective training process.
20	T	F	When using video, the room should always be as dark as possible.

This material was produced and/or reviewed under grant SH-27645-SH5 from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products or organizations imply endorsement by the U.S. Government.