### **Activities Manual**



# Susan Harwood Training Grants - SH-27631-SH5 US Department of Labor / OSHA

Construction Focus Four Training for Workers/Employers in the On-Site Wastewater Industry



#### OS

SS Fo	ocus Four Pre-course Quiz	Name:
1.	What are the OSHA Focus Four?	
	a. Slips, Trips, Falls, Caught in	
	b. Falls, Caught-in, Trips, Rushing	
	c. Falls, Struck-by, Caught-in, Elect	rocution
	d. Rushing, Eyes not on path, Trips	
2.	•	epresent what percentage of all fatalities
	a. Less than 25%	
	b. More than 90%	
	c. Less than 50%	
	d. More than 75%	
3.	In your service area, what OSHA Focus F	our happens the most? (circle one)
	a. Falls	
	b. Caught in or Between	
	c. Struck By	
	d. Electrocution	
4.	In your service area, what OSHA Focus F	Four would most likely result in a fatality? (circle one)
	a. Falls	
	b. Caught in or Between	
	c. Struck By	
	d. Electrocution	
5.	Write an example of a typical "Fall" haza	ard in your workplace that would result in a fatality?
	a	
		<del></del>
6.	Write an example of a typical "Caught –	in or Between" hazard in your workplace that would
	result in a fatality?	
	a	
7.		" hazard in your workplace that would result in a
	fatality?	
	a	
•	Material and the first of the state of the s	Provide a sold and a sold along that the latest the sold and the sold along the sold and the sold along the sol
8.		ution" hazard in your workplace that would result in a
	fatality?	
	a	<del></del>
9.	Who is responsible for your Safety while	e vou are at work?
٥.	a. Employer	- 100 0.0 de 110.11.
	b. Myself	
	c. Both	
10.	. What industry segment do you think ha	s the most potential for fatal accidents?
	,	•

- a. O&M/Pumper c. Designer
- b. Installer d. Regulator

Name:	Company:
Employee or Employer (Circle o	ne)
Years' Experience:	
OSHA: Construction – Focus 4	
Date: Location: Instructor:	
	down an accident that happened to you or someone you worked thin your group: What happened, what was the cause, what have ppening again?
•	sent at most worksites. A fall hazard is anything at your worksite ur balance or lose bodily support and result in a fall. Any walking tential Fall Hazard
	kward from the truck toward the tank; Bending over an exposed le ground; an excavation for a soil log or a tank, falling off a piece
•	are produced by forcible contact or impact between the injured fequipment. The may resemble "caught-in" or "between" hazards
dropped on you while inside a to you and hits you in the face, bei hanging on chains, while locking	ojects (sewage under pressure), Struck by Falling objects: Tools ank, Struck by swinging objects: A jetter hose that gets away from ing inside the swing radius of the excavator, a septic tank deliverying down the chains on the excavator on the flat-bed, the chain in the face. Struck by rolling objects: Unhooking a trailer from a dit runs off on you.

#### **CAUGHT IN OR BETWEEN**

Definition: When the impact alone creates the injury, the event is "Struck by", when the injury is more as a result of crushing injuries between objects, the event is recorded as "Caught"

Examples: Standing in the tank excavation, while lowering a tank, your foot is caught under the bottom as it is lowered, the metal lid on your pick-up tool box slams shut on your hand and breaks two fingers, no guards on the belts /gear chains of equipment and your shirt tail, gloved hand or other body part is drawn into it crushing or amputating fingers or breaking bones. Dropping a 60# concrete lid on your foot while pulling it out of a 3' hole from the tank lid.

#### **ELECTROCUTION**

Definition: Electrocution results when a person is exposed to a lethal amount of electrical energy including; Burns, Electrocution, Shock, Arc flash/blast, Fire or explosions.

Examples: Completing an open circuit as you are opening a junction box inside a riser for the floats with your screwdriver, grounding when you reach in to pull floats or a pump from a wet environment without using LO/TO procedures to de-energize the system, improperly wired components from previous SP who was not a licensed electrician, improperly sealed wiring arcing with explosives gasses in the pump tank or from controls.

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SS I	ocus	Four Post-course Quiz	Name:
1.	a. b. c.	are the OSHA Focus Four? Slips, Trips, Falls, Caught in Falls, Caught-in, Trips, Rushing Falls, Struck-by, Caught-in, Electrocution Rushing, Eyes not on path, Trips, Electrocutio	n
2.	a. b. c.	are the principle causes of OSHA Focus "Struck- Falling tools from above Flying equipment that has failed Vehicles or operating strikes All of the above	-by" accidents?
3.	violation a. b.	are a <u>worker</u> you have the right to request an O ns of OSHA standards, or violations of the OSH Ac True False	t.
4.	What b	pest describes a "Caught in or Between" exposu	ure where you work?
5.	certain a.	are a <u>worker</u> you have the right to refuse to wo conditions. True False	ork in an imminent danger situation, under
6.	alleged changes a.	are a <u>worker</u> you have the right to be notified by violations of standards at the workplace, and of y in the abatement period.  True  False	
7.	Describ	pe a "Line of Fire" work activity that results in a	"Struck by" accident?
	a.		

8. If you are a worker you have the right to talk informally with the OSHA compliance officer in private.

- a. True
- b. False
- 9. As a worker you have the responsibility to read the OSHA poster in the workplace and comply with all the OSHA standards, with all requirements of your State-approved plan (if any), and with the employer's safety and health rules.
  - a. True
  - b. False

- 10. If you are an <u>employer</u> you are required to provide information about hazards and safety measures applicable to the workplace, OSHA standards relevant to your workers' job, and the record of accidents and illnesses in the workplace.
  - a. True
  - b. False
- 11. An "Electrocution" accident in your workplace would best be described as being:
  - a. Fall
  - b. Struck-by
  - c. Caught in or Between
  - d. None of the Above
- 12. Under the OSH law or your OSHA state approved plan, employers have a responsibility to provide a workplace free from serious recognized hazards and comply with standards, rules and regulations issued under the OSH Act. Examine workplace conditions to make sure they conform to applicable <u>OSHA standards</u>.
  - a. True
  - b. False
- 13. Under the OSH law or your OSHA state approved plan, employers have a responsibility to make sure employees have and use safe tools and equipment and properly maintain this equipment. Establish or update operating procedures and communicate them so that employees follow safety and health requirements.
  - a. True
  - b. False
- 14. Under the OSH law or your OSHA state approved plan, employers have a responsibility to provide safety training in a language and vocabulary workers can understand.
  - a. True
  - b. False
- 15. Who is most responsible for your safety?
  - a. My Employer
  - b. Myself
- 16. Based on what I learned in the OSHA Focus Four class, I plan to change how I approach my workplace and personal safety decisions.
  - a. Yes
  - b. No

#### **OSHA Focus Four Training – Onsite**

Name of Attendee:	
Company:	
Address:	
Tel:	<del></del>
Location of Training:	Instructor(s):

(Circle the appropriate number)

FOCUS FOUR TRAINING: CONTENT	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1.) The objectives were clearly stated.	5	4	3	2	1
2.) The material learned was what I needed.	5	4	3	2	1
3.) The training helped me understand important hazards I may encounter in my job.	5	4	3	2	1
4.) Based on what I learned, I will make changes to improve my personal safety for the Focus Four Topics: Falls, Struck-By, Caught in/between and Electrocution in my job.		4	3	2	1
5.) The content was clear and easy to understand.	5	4	3	2	1
STRUCTURE					
6.) The presentation methods were effective.	5	4	3	2	1
7.) The visual aids, handouts or notes were Effective.	5	4	3	2	1
8.) The length of training and each session was About right.	5	4	3	2	1
9.) The training encourages participation.	5	4	3	2	1
10.) I will recommend the training to others	5	4	3	2	1

Overall Evaluation	Strongly	Agree	Neutral	Disagree	Strongly
	Agree				Disagree
OVERALL EVALUATION					
The training met my need.	5	4	3	2	1
I learned what I needed	5	4	3	2	1
I will recommend the training to others	5	4	3	2	1

#### **COMMENTS**

Please comment on any other aspects of the training

Method MANAGEMENT MATERIAL Management TRAINING CALIBRATION SKILL MACHINE MEASUREMENT Material People (people) Measurement Machine/Equipment/Tools Other

Method MANAGEMENT MATERIAL Management TRAIN WA CALIBRATION SKILL MACHINE MEASUREMENT Material People (people) Measurement Machine/Equipment/Tools Other

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