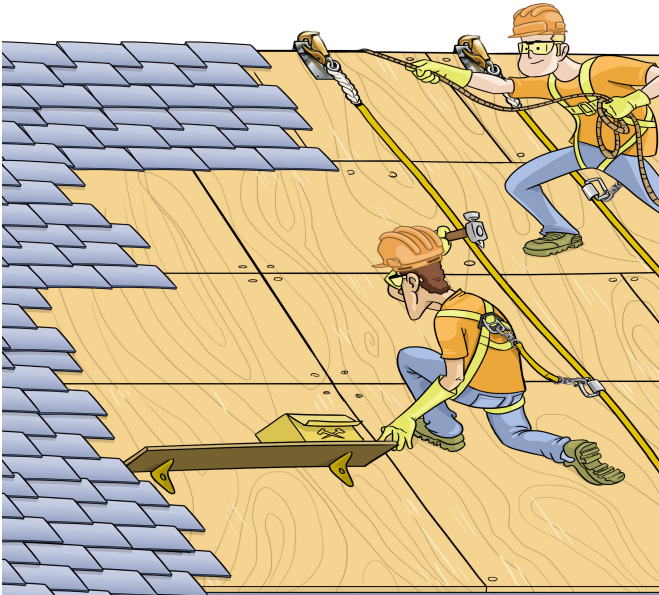


Fall Prevention Basic Facts

Your Life Matters: You Can Prevent Falls at your Workplace



Every day before you start working you should take time to ensure that your workplace is safe.

If you will use Safety a Harness you should:

Inspect all fall protection equipment before using it
– Make sure your harness fits – Wear a harness and always stay connected – Use guardrails or lifelines
– and guard or cover all skylights and holes.

Be proactive! – After all, your life and the lives of your coworkers are at risk if the workplace isn't safe.

Workers who work at any height are at risk for serious injury or death if they should fall. To protect these workers, employers must provide fall protection and the right equipment for the job, including the correct kinds of ladders, scaffolds, and safety gear.



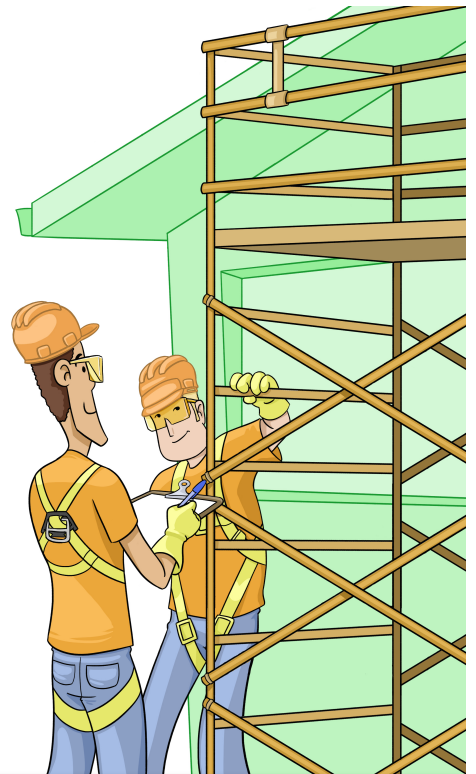
If you will use ladders you should:

Choose the right ladder for the job –
Keep your body near the middle of the step and always face the ladder while climbing – Secure the ladder
– Keep a safe distance away from overhead electric wires.

If you will use a Scaffold you should:

Use fully planked scaffolds –
Ensure proper access to scaffolding –
Complete all guardrails – Ensure stable footing – Inspect before using.

The employer should always have a competent person at the job site to ensure that every worker is safe.



For Fall Prevention Training in Residential Construction Contact: Brazilian Immigrant Center Inc.
14 Harvard Ave 2nd Floor Allston, MA 02134

www.braziliancenter.org – BIC@braziliancenter.org – 617-783-8001 – 617-850-5346

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