

Section 1: Agenda/Evaluation

- Agenda
- What Do You Know About Cal/OSHA (Quiz)
- Pre-Test and Post-Test
- Train the Trainer Course Evaluation

Construction Noise & Hearing Loss Prevention

State Building & Construction Trades Council of CA Train-the-Trainer Course 2015

Agenda

- | | |
|----------------------|--|
| 8:00 - 8:30am | Introductions and Overview <ul style="list-style-type: none">• Course overview• Pre-test• Review course binder• Cal/OSHA Quiz |
| 8:30 - 10:00 | Construction Noise & Hearing Loss Prevention Training <ul style="list-style-type: none">• Model teaching the curriculum (1.5 hours) |
| 10:00 - 10:15 | Break |
| 10:15 - 11:15 | Construction Noise & Hearing Loss Prevention Training (cont.) <ul style="list-style-type: none">• Model teaching the curriculum (1 hour)• Post Test |
| 11:15 - 12:15 | OSHA Guest Speaker |
| 12:15 - 12:30 | Assign and Prepare Teach Back Presentations <ul style="list-style-type: none">• Assemble teams, select topics• Review objectives and guidelines |
| 12:30 - 1:30 | Working Lunch (work on teach back presentations) <ul style="list-style-type: none">• Teams prepare a 15-minute teach back session on a selected topic from the curriculum |
| 1:30 - 3:30 | Student Teaching Presentations |
| 3:30 - 4:00 | Evaluation, and SBCTC Paperwork <ul style="list-style-type: none">• Review SBCTC course paperwork• TOT evaluation• Course certificates• Next steps |

What Do You Know About Cal/OSHA?

True	False	
<input type="checkbox"/>	<input type="checkbox"/>	1. The employer, the workers, and the union are all legally responsible for providing a safe and healthful workplace.
<input type="checkbox"/>	<input type="checkbox"/>	2. Only a worker directly affected by a hazardous situation may file a complaint with Cal/OSHA.
<input type="checkbox"/>	<input type="checkbox"/>	3. You must be a U.S. citizen to file a complaint with Cal/OSHA.
<input type="checkbox"/>	<input type="checkbox"/>	4. Employers will know when an inspector is coming and who filed the complaint.
<input type="checkbox"/>	<input type="checkbox"/>	5. During an inspection, Cal/OSHA inspectors must talk to workers.
<input type="checkbox"/>	<input type="checkbox"/>	6. Workers in California may refuse to do work that poses a substantial probability that death or serious physical harm could result.
<input type="checkbox"/>	<input type="checkbox"/>	7. It is illegal for a California employer to fire a worker because he/she complains about unsafe or unhealthful working conditions on the job.
<input type="checkbox"/>	<input type="checkbox"/>	8. If you suspect that something is hazardous in your workplace, the best course of action is always to call Cal/OSHA right away.

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Train-the-Trainer Course 2015

Pre-Test

Name: _____ Date: _____

(Please circle or write in the correct answer)

1. Up to 20% of construction workers suffer hearing loss.
 - A. True
 - B. False

2. What are three common causes of hearing loss?
 - a. _____
 - b. _____
 - c. _____

3. An increase of 3 decibels means the sound intensity has_____.
 - A. stayed pretty much the same, that's not a very big increase
 - B. doubled
 - C. tripled

4. The National Institute for Occupational Safety and Health (NIOSH) recommends that worker noise exposures be below ____ dBA (for eight hours) to prevent hearing loss.
 - A. 80 dBA
 - B. 85 dBA
 - C. 90 dBA

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Pre-Test

5. The Cal/OSHA construction noise standard takes effect at ___ dBA.
 - A. 80 dBA
 - B. 85 dBA
 - C. 90 dBA

6. It's not just how loud something is that can damage your hearing, it's also how long you are exposed to it.
 - A. True
 - B. False

7. What are the four steps to correctly use a formable ear plug?
 - A. Roll, Reach, Insert, Hold
 - B. Reach, Tighten, Apply, Hold
 - C. Roll, Straighten, Reach, Insert

8. Once hearing loss occurs, it is permanent.
 - A. True
 - B. False

9. Prioritize the best way to control noise on the following list, most effective (#1) to the least effective (#3).
___ Administrative Controls
___ Hearing Protection Devices (HPDs)
___ Engineering Controls

10. Hearing Protection should be worn off the job when using noisy power tools like lawnmowers, snow mobiles, chain saws, etc.
 - A. True
 - B. False

Construction Noise & Hearing Loss Prevention

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Train-the-Trainer Course 2015

Post-Test

Name: _____ Date: _____

(Please circle or write in the correct answer)

1. Up to 20% of construction workers suffer hearing loss.
 - A. True
 - B. False
2. What are three common causes of hearing loss?
 - a. _____
 - b. _____
 - c. _____
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 - A. stayed pretty much the same, that's not a very big increase
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Post-Test

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Construction Noise & Hearing Loss Prevention

State Building & Construction Trades Council of CA TOT Course Evaluation 2015

Training Date: _____ Your Name (optional): _____

Instructors: Laura Boatman, SBCTC and Nazima El-Askari, LOHP

Thank you for taking the time to complete this evaluation. Your feedback is important and will be used to improve the program.

Overall Training Elements

Please rate the following aspects of the training, using the scale below:

	Poor	Fair	Good	Excellent
Content of training	1	2	3	4
Organization of training	1	2	3	4
Quality of presenters	1	2	3	4
Relevance to your work	1	2	3	4
Opportunity for participation	1	2	3	4
Quality of materials/binder	1	2	3	4
Overall course rating	1	2	3	4

Comments

Construction Noise & Hearing Loss Prevention

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Please evaluate each training topic below. Circle the best answer.

	Not Useful	Useful	Very Useful
Noise Curriculum	1	2	3
PPT slides	1	2	3
Hearing Loss (video clip)	1	2	3
Say What Activity	1	2	3
Soundscape Exercise	1	2	3
Cal/OSHA Speaker	1	2	3
Practice Teaching	1	2	3

How confident are you teaching co-workers or students about construction noise and hearing loss prevention using the activities from this course?

___ Not confident ___ Somewhat confident ___ Confident

Comments

What was the most important thing you learned today?

Construction Noise & Hearing Loss Prevention

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- 1) How do you plan to use what you learned in this training? Please give two specific examples.

- 2) What did you like most about the training?

- 3) How could the training be improved?

- 4) What additional training would you like on health & safety at your job?

Section 8: Training Forms

- Sign in sheet
- Action Plan form
- Workshop evaluation form

TRAINING ATTENDANCE ROSTER

Training Topic: _____ Type of Training: _____

Activities/modules/chapters covered in this session: _____

Course Date: _____ Start Time: _____ End Time: _____

Course Location: (city/state): _____

Union or Company Name: _____

Trainer Name: _____

	Student Name (print)	Signature	Company Name	Check if Worker	Check if Manager
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

I certify that the information on this page is accurate. _____

(Signature of trainer)

Construction Noise and Hearing Loss Prevention 20____

ACTION PLAN

Name: _____ Phone#: _____

Email: _____ Today's Date: _____

1. Identify one change or action you will try to implement as a result of taking this training:

2. What practical steps will you take to accomplish this change/action?

3. In the next 6 months what impact do you hope to have with regard to Noise and Hearing Loss Prevention in construction?

4. How will you measure your success in accomplishing your goal?

NOISE WORKSHOP EVALUATION

Workshop Title: _____

Today's Date: _____

Location: _____

Name of Presenter/s: _____

1. What was the most important thing you learned today?

2. How useful was this workshop for you in your work? **(Please circle One.)**

Not at all useful	Somewhat useful	Useful	Quite useful	Very useful
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3. How do you plan to use what you learned in this workshop? Please give **two specific examples.**

4. Overall, how would you rate this workshop?

[] POOR [] FAIR [] GOOD [] EXCELLENT

5. Do you have any suggestions for improving today's training? Other comments?