

#5: Finding Your Allies for Health and Safety
(5 minutes)

- 1) **SAY:** Standing up for health and safety can be difficult. Even if you think the boss will listen to you, it's best to get other workers involved, too, so that more people are aware and taking action for health and safety.
- 2) **ASK:** Who do you know at work who also cares about health and safety of workers?
- 3) **WRITE** the trainee's answers in the chart below.

Name	Why does this person care about health and safety?	More information about this person's concerns	When and where could I talk to this person?
	<input type="checkbox"/> Someone I trust with my problems <input type="checkbox"/> Been injured/ill <input type="checkbox"/> Talks about concerns <input type="checkbox"/> Stands up to the boss <input type="checkbox"/> Helps co-workers		
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