

Slips, Trips and Falls Quiz

Name: _____

1. What can improve traction on floors that are frequently wet?
 - a. Strap cleats onto your shoes.
 - b. Painting gritty coatings on the floor.
 - c. Using a greasy floor finish.
 - d. Putting up a sign.

2. If you carry loads that you can't see over or around:
 - a. Make sure you have good lighting.
 - b. Stay off the stairs.
 - c. Take small steps.
 - d. You could trip and fall; don't carry such loads.

3. Loose carpeting, stair treads and floor tiles:
 - a. Are tripping hazards.
 - b. Should be covered with a rubber mat.
 - c. Should be reported right away.
 - d. Both a and c.

4. What is a safe way to move materials up a ladder?
 - a. Hoist them up using a rope after you climb the ladder.
 - b. Have someone throw them up to you when you reach the top.
 - c. Carry them in one arm as you climb.
 - d. All of the above.

5. When is it safe to stand on the top step of a stepladder?
 - a. When you can't get a longer ladder.
 - b. When you can hold on to a sturdy item above while you work
 - c. When the ladder is less than six feet tall.
 - d. Never.

Slips, Trips and Falls

6. Which of the following fall protection systems prevents falls?
 - a. Safety net systems
 - b. Guardrail systems
 - c. Personal fall arrest systems.
 - d. None of the above.

7. Ladder cages are used with:
 - a. Scaffolds
 - b. Stepladders
 - c. Ladders that are fixed to a building or structure
 - d. Portable extension ladders.

8. In a personal fall arrest system, OSHA recommends the use of:
 - a. Full body harnesses.
 - b. Body belts.
 - c. Safety nets.
 - d. None of the above.

9. What is used to support a worker on a vertical surface so he or she can work with both hands free?
 - a. A deceleration device.
 - b. A positioning device system.
 - c. A ladder cage.
 - d. A safety net system.

Slips, Trips and Falls Quiz Answers

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