

## OSHA Long Term Care Worker Protection Program

### Purpose:

This educational program will provide support and materials to Long Term Care nurses, supervisors, and educators to assist them in teaching long term care workers the key safety hazards in their work environment and how to avoid and control these hazards. Providing creative and engaging safety education for all long term care workers will encourage injury avoidance, enhance environmental safety and secure great patient outcomes.

### Learning Objectives:

At the completion of this program, participants will be able to:

#### Introduction

- Identify the content and materials for the LTC Worker Protection Program.
- Discuss ways to make this education possible in any LTC setting.
- Recognize strategies to customize educational sessions for specific groups of workers.
- Discuss best practices for using presentation materials.
- Identify the importance of evaluating all educational sessions.

#### Engaging Workers in Health and Safety

- Identify specific mechanisms to engage all long term care workers in workplace safety and health education.
- Explore the principles of adult education as they might apply to these educational sessions.
- Discuss approaches to increasing the interest and involvement of all LTC workers in this education.
- Recognize the potential impact of this education on the individuals, the residents, and the organization.

#### Review of LTCWPP Materials and Content

- Identify the outline of content for the LTCWPP.
- Discuss the key points for the individual sessions in the LTCWPP.
- Recognize strategies for combining topics or separating topics into smaller/shorter portions.

#### Planning the Training Sessions

- Identify the key aspects of planning that will support successful training sessions.
- Discuss different planning strategies/approaches.

### Strategies to Customize Training

- Identify mechanisms that can support customizing training for specific audiences.
- Discuss creative ways to customize to a multi-departmental audience.

### Best Practices in Teaching Strategies

- Recognize the unique learning needs of adults.
- Identify the principles of active learning.
- Discuss a variety of strategies for teaching adults that can support positive learning outcomes.
- Analyze the use of different group exercises to reinforce learning in adult groups.

### Evaluation Tools/Post-Test

- Identify the importance of evaluation in all training sessions.
- Discuss a variety of strategies for evaluating learning.

### Data Gathering for Trainer

- Identify the importance of gathering data from all training sessions in the LTCWPP.
- Discuss the case of data collection/submission using the special website connection for trainers.