

## **Lesson Plan: Student Guide**

### **1-Hour Personal Protective Equipment Overview**

#### **Overview**

This lesson will review the basic elements of the personal protective equipment and noise standards and the workplace safety and health requirements as they apply to 3<sup>rd</sup> shift sanitation work. The Personal Protective Equipment Standards 29 CFR 1910.132-138, and the Noise Standard 1910.95 contain many of the provisions for personal protective equipment and the required elements. These standards include the following elements: 1) general requirements; 2) limitations; 3) training requirements and other appropriate safety and health requirements. This lesson provides appropriate awareness-level safety and health training that addresses the hierarchy of controls for 3<sup>rd</sup> shift workers including: engineering controls, administrative controls, and personal protective equipment.

In this lesson all facets of the standards are covered and reviewed, but emphasis is placed on selection and use of personal protective equipment for protection against hazards encountered during 3<sup>rd</sup> Shift Sanitation work.

#### **Content/ Topics**

- 29 CFR 1910.132-138 and 1910.95
- PPE checklist for chemical exposure assessment

Upon completion of this course module, the student should be able to:

- Define the general requirements of personal protective equipment
- Identify warning signs and symptoms of chemical and noise exposure
- Determine proper PPE (including respirators) to likely hazards