

**LESSON PLAN**  
**Introduction to OSHA**  
**1-Hour Module**

**Overview**

This module will give a general overview of OSHA and how they operate. Starting with the need for OSHA creation initially, the session will go through some of the major elements of how OSHA operates.

**Topics to be covered**

- a. General Information and Statistics Regarding Safety and Health Prior to OSHA
- b. Why OSHA was created
- c. How OSHA operates

**Objectives**

Upon completion of this topic students should be able to:

- a. Explain how OSHA operates in general

**Training Resources**

- a. PowerPoint Presentation with instructor notes (Black and White)

**Hour 1**

- I. Review of lesson objectives
- II. Introduction to OSHA:
  - a. Why OSHA was created
  - b. How OSHA operates including standards creation, citations and penalties, area and regional offices, cooperative programs including consultation, and rights/responsibilities of employers and employees following inspections.

**Activities and Classroom Procedures**

- a. Training Techniques
  - Ask for discussion from students – possibly from students who have participated in an OSHA inspection
  - Use PowerPoint slides to overview OSHA

**Evaluation and Assessment**

- a. Interactive conversations