

## Emergency Health Information Sheet

It is important to think about health issues that could arise if an influenza pandemic occurs, and how they could affect you and members of your household. For example, if a mass vaccination clinic is set up in your community, you may need to provide as much information as you can about your medical history when you go, especially if you have a serious health condition or allergy. Create an emergency health plan using this information. Fill in information for each household member in the space provided. Like much of the planning for a pandemic, this can also help you prepare for other emergencies.

### 1. Important Health Information

Household Member	Blood Type	Allergies	Past/Current Medical Conditions	Current Medications/ Dosages	In case of Emergency Contact

### 2. Emergency Contacts

Contacts	Name and Phone Number
Local personal emergency contact person	
Out-of-town personal emergency contact person	
Hospitals near work	
Hospitals near school	

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Hospitals near home	
Physician(s)	
State public health department (See list on <a href="http://www.pandemicflu.gov">www.pandemicflu.gov</a> )	
Pharmacy	
Employer contact and emergency information	
School contact and emergency information	
Religious/spiritual organization	
Veterinarian	

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