What is "first aid"? For the purposes of Part 1904, "first aid" means the following:

1904.7(b)(5)(ii)(A)
Using a non-prescription medication at nonprescription strength (for medications available in both prescription and non-prescription form, a recommendation by a physician or other licensed health care professional to use a non-prescription medication at prescription strength is considered medical treatment for recordkeeping purposes);

1904.7(b)(5)(ii)(B)
Administering tetanus immunizations (other immunizations, such as Hepatitis B vaccine or rabies vaccine, are considered medical treatment);

1904.7(b)(5)(ii)(C)
Cleaning, flushing or soaking wounds on the surface of the skin;

1904.7(b)(5)(ii)(D)
Using wound coverings such as bandages, Band-Aids™, gauze pads, etc.; or using butterfly bandages or Steri-Strips™ (other wound closing devices such as sutures, staples, etc., are considered medical treatment);

1904.7(b)(5)(ii)(E)
Using hot or cold therapy;

1904.7(b)(5)(ii)(F)
Using any non-rigid means of support, such as elastic bandages, wraps, non-rigid back belts, etc. (devices with rigid stays or other systems designed to immobilize parts of the body are considered medical treatment for recordkeeping purposes);

1904.7(b)(5)(ii)(G)
Using temporary immobilization devices while transporting an accident victim (e.g., splints, slings, neck collars, back boards, etc.).

1904.7(b)(5)(ii)(H)
Drilling of a fingernail or toenail to relieve pressure, or draining fluid from a blister;

1904.7(b)(5)(ii)(I)
Using eye patches;

1904.7(b)(5)(ii)(J)
Removing foreign bodies from the eye using only irrigation or a cotton swab;

1904.7(b)(5)(ii)(K)
Removing splinters or foreign material from areas other than the eye by irrigation, tweezers, cotton swabs or other simple means;

1904.7(b)(5)(ii)(L)
Using finger guards;
1904.7(b)(5)(ii)(M)
Using massages (physical therapy or chiropractic treatment are considered medical treatment for recordkeeping purposes); or

1904.7(b)(5)(ii)(N)
Drinking fluids for relief of heat stress.

1904.7(b)(5)(iii)
**Are any other procedures included in first aid?** No, this is a complete list of all treatments considered first aid for Part 1904 purposes.