

School of Continuing Education & Professional Development Post-Test – Answer Key Fall Protection in General Industry

Instructions – For each question select the most appropriate answer.

1. Falls to the same level represent 50% of all falls
 - a. True
 - b. False

2. A full body harness is not always necessary for fall protection
 - a. True
 - b. False

3. General Industry standards require that employees be protected from a fall whenever working at 4' or more above the nearest surface below.
 - a. True
 - b. False

4. Fall Restrain is used when preventing workers from reaching a point/edge where a fall could happen
 - a. True
 - b. False

5. Fall Arrest is used when a worker could access a point/edge at which a fall can occur. A fall protection system to arrest the fall is then required as long as the free fall doesn't exceed 6' and the maximum forces on the body do not exceed 1,800 lb.
 - a. True
 - b. False

6. Guardrails and platforms are not forms of fall restrain
 - a. True
 - b. False

Please turn page over for questions 7-10

7. What are some of the things can you do when your clearance is less than 18'
- a. Shorten your lifeline
 - b. Raise your anchoring point
 - c. Use an SRL (self-retractable lifeline) also known as YOYO
 - d. All of the above
8. A fall from a height of 11' has an 8 out of 10 chance of causing death
- a. True
 - b. False
9. What is the minimum clearance required to avoid impact when falling with a 6' lanyard?
- a. 14'
 - b. 16.5'
 - c. 18'
 - d. 20'
10. The average fatal fall is only 6'
- a. True
 - b. False

Optional (Your name – Please Print) _____
OSHA - Susan Harwood Training Grant