

STUDENT GUIDE-SAFETY AND HEALTH PROGRAMS

Lesson Plan: Student Guide Safety and Health Programs Overview

Overview

There are several benefits to establishing safety and health programs. Developing and implementing such programs can reduce injuries and illnesses, increase employee morale and productivity and lower workers' compensation costs. This overview is meant to cover the basic methods for establishing and implementing effective worker safety and health programs.

Topics to be covered

- a. Safety and Health Program Guidelines
- b. Management Commitment
- c. Employee Involvement
- d. Worksite Analysis (to be covered later)
- e. Hazard Prevention and Control
- f. Safety and Health Training

Objectives

Upon completion of this topic students should be able to:

- a. Develop, implement and maintain effective worker safety and health programs.

Training Resources

- a. PowerPoint Presentation with instructor notes (Black and White)

Hour 1

- I. Review course objectives
- II. Outline of Safety and Health Programs:
 - a. Discuss benefits and characteristics of effective safety and health programs
 - b. Cover safety and health program guidelines and elements
 - c. Explain ways for management to show their commitment to safety and health
 - d. Cover the need for employee involvement
 - e. Cover Hazard Prevention and Control
 - f. Discuss the importance of safety and health training

- III. OSHA e-Tools – *Safety and Health Management*
 - a. Safety and Health Payoffs
 - b. Management System and Safety and Health Integration
 - c. Doing a Safety and Health Check Up
 - d. Creating Change

Activities and Classroom Procedures

- a. Training Techniques
 - Use third shift sanitation employees as examples for situations relating to safety and health programs
 - Ask for examples from students
 - Use PowerPoint slides and the OSHA e-Tool to overview Safety and Health Programs
 - Complete an exercise to show benefits of implementing the Safety and Health programs

Evaluation and Assessment

- a. Interactive conversations