

# WORKERS HAVE RIGHTS!



U.S. Department of Labor



Occupational Safety  
and Health Administration

The law says that employers cannot retaliate against workers for exercising their rights to a safe and healthful workplace under the *Occupational Safety and Health Act*. For example, workers have a lawful right to:

- Notify a supervisor or employer about a hazardous condition
- Report a workplace injury or illness
- Refuse to perform an extremely dangerous task where there is insufficient time to contact OSHA and the employee has requested and been unable to obtain abatement of the hazard
- Ask OSHA to inspect a workplace

If an employer has retaliated against you, *act quickly!* Workers must file a retaliation complaint with OSHA **within 30 days after the alleged adverse action occurred or you became aware of it.**

[www.whistleblowers.gov](http://www.whistleblowers.gov) • 1-800-321-OSHA (6742) • TTY 1-877-889-5627